



# Shaker High School

## (B) V Swimming/Diving

### Coaches:

- Shawna Simpson, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Dec 3, 2019	Tue	Regular Season	@ Shenendehowa High School	4:30 PM	6:00 PM	Shen Aquatic Center	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> L <b>Return Time:</b> 6:00 PM
Dec 10, 2019	Tue	Regular Season 97-75 W	@ Schenectady High School (Schenectady/Colonie Boys Varsity Swimming)	4:30 PM	5:40 PM	Pat Riley Sports Center- Main Gym	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> L <b>Return Time:</b> 6:00 PM
Dec 21, 2019	Sat	Regular Season (SHEN INVITATIONAL)	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Glens Falls, Burnt Hills-Ballston Lake HS, Ballston Spa High School, Niskayuna High School, Albany High School, Saratoga Springs High School @ Shenendehowa High School	9:00 AM	5:00 PM	Shen Aquatic Center	<b>Departure Time:</b> 10:30 AM <b>Return Date:</b> L <b>Return Time:</b> 5:00 PM
Jan 7, 2020	Tue	Regular Season 98-75 W	@ Ballston Spa High School	4:30 PM	6:00 PM	Ballston Spa High School Gym	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> L <b>Return Time:</b> 6:00 PM
Jan 14, 2020	Tue	Regular Season 76-94 L	Saratoga Springs High School	4:15 PM	5:40 PM	Shaker High School Pool	L
Jan 23, 2020	Thu	Regular Season	Guilderland High School (Guilderville)	4:15 PM	5:40 PM	Shaker High School Pool	L
Jan 28, 2020	Tue	Regular Season	@ Bethlehem High School	4:15 PM	5:40 PM	High School	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> L <b>Return Time:</b> 6:00 PM
Jan 30, 2020	Thu	Regular Season	@ Niskayuna High School	4:30 PM	5:40 PM	Niskayuna High School	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> L <b>Return Time:</b> 6:00 PM
Feb 4, 2020	Tue	Regular Season	Albany High School	4:15 PM	5:40 PM	Shaker High School Pool	L
Feb 13, 2020	Thu	Post-Season (Sectionals)	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Guilderland High School (Guilderville), Ballston Spa High School, Niskayuna High School @ Shenendehowa High School	3:00 PM		Shen Aquatic Center	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 14, 2020	Fri	Post-Season (Sectionals)	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Guilderland High School (Guilderville), Ballston Spa High School, Burnt Hills-Ballston Lake HS, Niskayuna High School @ Shenendehowa High School	4:00 AM		Shen Aquatic Center	<b>Departure Time:</b> 1:45 PM <b>Return Date:</b> L <b>Return Time:</b> 6:45 PM	
Feb 15, 2020	Sat	Post-Season (Sectionals)	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Guilderland High School (Guilderville), Ballston Spa High School, Burnt Hills-Ballston Lake HS, Niskayuna High School @ Shenendehowa High School	2:00 PM		Shen Aquatic Center	<b>Departure Time:</b> 12:00 PM <b>Return Date:</b> L <b>Return Time:</b> 5:30 PM	

Date: 2026-01-23