



Shaker High School

(B) V Swimming/Diving

Coaches:

- Shawna Simpson, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Nov 28, 2018	Wed	Regular Season	@ Guilderland High School (Guilderville)	5:00 PM		Voorheesville M/HS	Departure Time: 3:30 PM Return Date: L Return Time: 6:00 PM
Dec 4, 2018	Tue	Regular Season	Albany High School	4:30 PM		Shaker High School Pool	L
Dec 11, 2018	Tue	Regular Season	@ Saratoga Springs High School	4:30 PM		Skidmore	Departure Time: 2:45 PM Return Date: L Return Time: 6:00 PM
Dec 15, 2018	Sat	Regular Season (Shen Invy)	Albany High School, Burnt Hills-Ballston Lake HS, Niskayuna High School, Guilderland High School (Guilderville) @ Shenendehowa High School	9:00 AM		Shen Aquatic Center	Departure Time: 10:45 AM Return Date: NL Return Time: 5:30 PM
Dec 18, 2018	Tue	Regular Season	Burnt Hills-Ballston Lake HS	4:30 PM		Shaker High School Pool	L
Jan 3, 2019	Thu	Regular Season	@ Bethlehem High School	4:30 PM		High School	Departure Time: 3:00 PM Return Date: L Return Time: 6:00 PM
Jan 10, 2019	Thu	Regular Season	Ravena-Coeymans	4:30 PM		Shaker High School Pool	L
Jan 15, 2019	Tue	Regular Season	Shenendehowa High School	4:30 PM		Shaker High School Pool	L
Jan 25, 2019	Fri	Regular Season	Niskayuna High School	4:30 PM		Shaker High School Pool	L
Jan 30, 2019	Wed	Regular Season	@ Christian Brothers Academy, Albany (Troy/CBA)	4:30 PM		Troy HS Pool	Departure Time: 3:00 PM Return Date: L Return Time: 5:30 PM
Feb 5, 2019	Tue	Regular Season	@ Queensbury	4:30 PM		TBD	Departure Time: 2:45 PM Return Date: L Return Time: 6:00 PM
Feb 15, 2019	Fri	Post-Season (Sectionals - PRELIMS)	Guilderland High School (Guilderville), Ballston Spa High School, Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Burnt Hills-Ballston Lake HS, Albany High School, Niskayuna High School @ Shenendehowa High School	4:00 PM	6:30 PM	Shen Aquatic Center	Departure Time: 1:00 PM Return Date: L Return Time: 6:00 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 16, 2019	Sat	Post-Season (Sectionals - FINALS)	Guilderland High School (Guilderville), Ballston Spa High School, Burnt Hills- Ballston Lake HS, Albany High School, Niskayuna High School @ Shenendehowa High School	4:00 PM		Shen Aquatic Center	Departure Time: 12:00 PM Return Date: Return Time: 5:00 PM	L

Date: 2026-01-22