



# Shaker High School

## (G) V Swimming/Diving

### Coaches:

- Elizabeth Morgan, Head Coach
- Caitlin Zegger, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 4, 2019	Wed	Regular Season 79-97 L	@ Shenendehowa High School	4:30 PM	6:00 PM	Shen Aquatic Center	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L
Sep 11, 2019	Wed	Regular Season	@ Colonie High School (Schenectady-Colonie)	4:30 PM	5:40 PM	Pat Riley Sports Center		L
Sep 11, 2019	Wed	Regular Season 85-98 L	@ Schenectady High School (Schenectady/Colonie)	4:30 PM	5:40 PM	Pat Riley Sports Center- Main Gym	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L
Sep 18, 2019	Wed	Regular Season 77-101 L	@ Niskayuna High School	4:30 PM	5:40 PM	Niskayuna High School	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L
Sep 20, 2019	Fri	Regular Season 86-95-84-94 L	Saratoga Springs High School, Glens Falls @ TBD	4:30 PM		Skidmore	<b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	NL
Sep 25, 2019	Wed	Regular Season	@ Ballston Spa High School	4:30 PM		Ballston Spa High School Gym	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L
Sep 28, 2019	Sat	Regular Season (SHEN BREAST CANCER AWARENESS INVITATIONAL)	Ballston Spa High School, Saratoga Springs High School, Burnt Hills-Ballston Lake HS, Niskayuna High School, Guilderland High School (Guilderville), Albany High School @ Shenendehowa High School	8:30 AM		Shen Aquatic Center	<b>Departure Time:</b> 10:45 AM <b>Return Date:</b> <b>Return Time:</b> 5:00 PM	L
CANCELLED Oct 2, 2019	Wed	Regular Season	Saratoga Springs High School	4:30 PM	5:40 PM	Shaker High School Pool		L
Oct 8, 2019	Tue	Regular Season	@ Queensbury	4:30 PM		Queensbury Elem. School Pool	<b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	NL
Oct 11, 2019	Fri	Regular Season	Guilderland High School (Guilderville)	4:30 PM		Shaker High School Pool		L
Oct 16, 2019	Wed	Regular Season	@ Bethlehem High School	4:15 PM	5:40 PM	High School	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L
Oct 21, 2019	Mon	Regular Season	@ Mohonasen	4:30 PM		Mohonasen HS	<b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 23, 2019	Wed	Regular Season	Albany High School	4:30 PM		Shaker High School Pool		L
Oct 28, 2019	Mon	Regular Season	Ravena-Coeymans-Selkirk	4:30 PM		Shaker High School Pool		L
Nov 7, 2019	Thu	Post-Season (Diving Sectionals)	Glens Falls, Albany High School, Guilderland High School (Guilderville), Niskayuna High School, Ballston Spa High School @ Shenendehowa High School	4:00 PM		Shen Aquatic Center	<b>Departure Time:</b> 1:15 PM	L
Nov 8, 2019	Fri	Post-Season (Swim Sectional Prelims)	Glens Falls, Albany High School, Guilderland High School (Guilderville), Niskayuna High School, Ballston Spa High School @ Shenendehowa High School	11:30 AM		Shen Aquatic Center	<b>Departure Time:</b> 2:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L
Nov 9, 2019	Sat	Post-Season (Sectional Swim Finals)	Glens Falls, Albany High School, Guilderland High School (Guilderville), Niskayuna High School, Ballston Spa High School @ Shenendehowa High School	10:00 AM		Shen Aquatic Center	<b>Departure Time:</b> 12:15 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L

Date: 2026-06-05