

Coaches:

- Jason Stone, Head Coach
- Mikayla Culnan, Asst Coach
- Tierney Campbell, Asst Coach

| DATE | WEE! DAY | TYPE | OPPONENTS | START END TIME TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|-----------------------------------|--|------------------------|---|---|----------------------------|
| Apr 20, 2023 | Thu | Regular Season | TBD, Niskayuna High School (Modified) | 4:15 PM | Arthur Walker Field- Shaker High School | | L, |
| Apr 27, 2023 | Thu | Regular Season | Troy @ Bethlehem High School | 4:15 PM | High School Track | Departure Time: 3:30 PM Return Date: Return Time: 5:45 PM | L |
| May 4, 2023 | Thu | Regular Season | Christian Brothers Academy, Albany @ Ballston Spa High School | 4:15 PM | Ballston Spa Track | Departure Time: 3:30 PM Return Date: Return Time: 5:45 PM | L |
| May 11, 2023 | Thu | Regular Season | Colonie High School, Christian Brothers Academy, Albany | 4:15 PM | Arthur Walker Field- Shaker High School | | L |
| May 18, 2023 | Thu | Meet (SSC Culminating Meet) | Vs. Multiple | 4:15 PM | Shen High School East Stadium (Track) | | NL |

Date: 2025-12-06