



Shaker High School

(B) V Outdoor Track

Coaches:

- ZaQuan Irby, Head Coach
- Dylan Hedderman, Asst Coach
- Gary Czupil, Asst Coach
- Chris Sawyer, Asst Coach
- Tyrone Vignola, Asst Coach
- Dan Bruton, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2025	Wed	Regular Season	Ballston Spa High School	3:30 PM		Arthur Walker Field- Shaker High School		L
CANCELLED Apr 11, 2025	Fri	Regular Season (NY Relays)	@ TBD	4:00 PM		Icahn Stadium	Departure Time: 12:45 PM Return Date: Return Time: 8:00 PM	NL
Apr 11, 2025	Fri	Regular Season (Medley Relay Challenge)	Burnt Hills-Ballston Lake HS, Schenectady High School (Boys Varsity Track), Colonie High School @ Niskayuna High School	4:30 PM	10:00 PM	NHS Track	Departure Time: 2:45 PM Return Date: Return Time: 6:30 PM	NL
Apr 19, 2025	Sat	Regular Season (Red Raider Relays)	@ TBD	9:00 AM		Spring Valley High School	Departure Time: 6:00 AM Return Date: Return Time: 3:00 PM	NL
Apr 23, 2025	Wed	Regular Season	Schenectady High School (Boys Varsity Track) @ Christian Brothers Academy, Albany	4:15 PM	6:55 PM	Puleo Stadium Field	Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM	L
Apr 26, 2025	Sat	Regular Season (Kingston Relays)	@ TBD	8:00 AM		Dietz Stadium	Departure Time: 6:45 AM Return Date: Return Time: 7:30 PM	L
Apr 30, 2025	Wed	Regular Season	@ Shenendehowa High School	4:15 PM	6:55 PM	Shen High School East Stadium (Track)	Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM	L
May 3, 2025	Sat	Regular Season (Colonie Relays)	Christian Brothers Academy, Albany, Ballston Spa High School, Albany High School, Greenville, Saratoga Springs High School, Saratoga Springs High School, Cooperstown, Schenectady High School (Boys Varsity Track) @ Colonie High School	TBD		Colonie High Track	Departure Time: 6:45 AM Return Date: Return Time: 5:30 PM	L
May 7, 2025	Wed	Regular Season	Colonie High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 9, 2025	Fri	Regular Season (Shen Invy)	Christian Brothers Academy, Albany, Scotia-Glenville, Ballston Spa High School, Colonie High School, Albany High School, Schenectady High School (Boys Varsity Track), Niskayuna High School, Burnt Hills-Ballston Lake HS @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	L
May 9, 2025	Fri	Regular Season (Futures Invitational)	@ Mohonasen	4:00 PM		Mohonasen HS	Departure Time: 2:30 PM Return Date: Return Time: 6:00 PM	L
May 10, 2025	Sat	Regular Season (Loucks Games)	@ TBD	9:00 AM		White Plains High School	Departure Time: 12:00 PM Return Date: Return Time: 7:00 PM	NL
May 14, 2025	Wed	Regular Season	Saratoga Springs High School @ Albany High School	4:15 PM	7:00 PM	Albany Turf Stadium Field		L
May 17, 2025	Sat	Regular Season (Eddy Meet)	Christian Brothers Academy, Albany, Shenendehowa High School, Burnt Hills-Ballston Lake HS, Amsterdam, Ballston Spa High School @ Schenectady High School (Boys Varsity Track)	8:00 AM	7:55 PM	Schenectady High School Track & Field		NL
May 21, 2025	Wed	Meet (SSC Championships)	Vs. Multiple	4:30 PM	7:55 PM	Mont Pleasant Middle School Field	Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM	NL
May 28, 2025	Wed	Post-Season (Sectionals)	@ TBD	4:00 PM		Colonie High School	Departure Time: 2:15 PM Return Date: Return Time: 6:30 PM	L
Jun 5, 2025	Thu	Post-Season (State Qualifiers)	Christian Brothers Academy, Albany, Saratoga Springs High School, Watervliet, Lake George, Niskayuna High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Departure Time: 2:15 PM Return Date: Return Time: 7:30 PM	L
Jun 6, 2025	Fri	Post-Season (State Qualifiers)	Christian Brothers Academy, Albany, Saratoga Springs High School, Watervliet, Lake George, Niskayuna High School @ Shenendehowa High School	4:00 PM	8:00 PM	Shen High School East Stadium (Track)	Departure Time: 2:15 PM Return Date: Return Time: 8:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jun 13, 2025	Fri	Post-Season (State Championships)	@ TBD	4:00 PM		TBD		L
Jun 14, 2025	Sat	Post-Season (State Championships)	@ TBD	9:00 AM		TBD		L

Date: 2025-12-05