Shaker High School
(B) V Outdoor Track

Coaches:

- Dylan Hedderman, Asst Coach
- Gary Czupil, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 1, 2023	Sat	Regular Season (FRIGID CUP INVY)	Averill Park High School, Ballston Spa High School, Bethlehem High School, Catholic Central, Troy, Christian Brothers Academy, Albany, Columbia High School, Fair Haven, Ichabod Crane @ Guilderland High School	10:00 AM	3:00 PM	GHS Track	**Departure Time:** 8:30 AM **Return Date:** **Return Time:** 5:00 PM	NL
Apr 4, 2023	Tue	Regular Season	Averill Park High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School		L
Apr 19, 2023	Wed	Regular Season	Christian Brothers Academy, Albany @ Shenendehowa High School	4:15 PM	6:55 PM	Shen High School East Stadium (Track)	**Departure Time:** 2:30 PM **Return Date:** **Return Time:** 6:15 PM	L
Apr 21, 2023	Fri	Regular Season (Niskayuna Medley Relay Challence)	Schenectady High School (Boys Varsity Track), Burnt Hills-Ballston Lake HS, Colonie High School, Averill Park High School @ Niskayuna High School	4:30 PM		Mohonasen High School	**Departure Time:** 2:30 PM **Return Date:** **Return Time:** 8:00 PM	NL
Apr 22, 2023	Sat	Regular Season (Warrior Track Classic)	Schenectady High School (Boys Varsity Track), Colonie High School, Amsterdam, Burnt Hills-Ballston Lake HS @ Niskayuna High School	9:15 AM		Mohonasen High School	**Departure Time:** 7:45 AM **Return Date:** **Return Time:** 4:00 PM	NL
Apr 25, 2023	Tue	Regular Season	@ Colonie High School	4:15 PM	6:55 PM	Colonie High Track	**Departure Time:** 2:30 PM **Return Date:** **Return Time:** 6:30 PM	L
Apr 29, 2023	Sat	Regular Season (Invitational)	@ Maple Hill	9:00 AM		Maple Hill HS	**Departure Time:** 8:00 AM **Return Date:** **Return Time:** 4:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 29, 2023	Sat	Regular Season (Anthony Luciano Memorial Track Invitational)	Coxsackie-Athens, Greenville, Saranac, Queensbury, South Glens Falls, Glens Falls, Burnt Hills-Ballston Lake HS, Schuylerville, Guilderland High School, Beekmantown, Ausable Valley, Broadalbin-Perth, Lake George, Ichabod Crane, Greenwich, Mount Anthony, Stillwater, Ballston Spa High School, Scotia-Glenville, Taconic Hills @ Hudson Falls	9:30 AM		Hudson Falls HS	**Departure Time:** 8:00 AM **Return Date:** **Return Time:** 4:00 PM	NL
May 3, 2023	Wed	Regular Season	Guilderland High School, Niskayuna High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School		L
May 10, 2023	Wed	Regular Season	Saratoga Springs High School @ Bethlehem High School	4:15 PM	6:55 PM	High School Track	**Departure Time:** 2:30 PM **Return Date:** **Return Time:** 6:30 PM	L
May 12, 2023	Fri	Regular Season (SHEN INVY)	Guilderland High School, Burnt Hills-Ballston Lake HS, Colonie High School, Schenectady High School (Boys Varsity Track), Albany High School, Niskayuna High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	**Departure Time:** 2:20 PM **Return Date:** **Return Time:** 8:00 PM	L
May 12, 2023	Fri	Regular Season (Futures Relay)	@ Mohonasen	4:15 PM		Mohonasen HS	**Departure Time:** 2:20 PM **Return Date:** **Return Time:** 8:00 PM	L
May 16, 2023	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	Saratoga Springs High School	**Departure Time:** 2:30 PM **Return Date:** **Return Time:** 8:00 PM	NL
May 18, 2023	Thu	Meet (SSC JV Championships (Troy HS))	Vs. Multiple	4:00 PM	7:55 PM	Track	**Departure Time:** 3:00 PM **Return Date:** **Return Time:** 8:00 PM	NL
May 24, 2023	Wed	Post-Season (Track Sectionals)	Guilderland High School, Saratoga Springs High School, Shenendehowa High School, Niskayuna High School @ Colonie High School	4:00 PM		Colonie High Track	**Departure Time:** 2:30 PM **Return Date:** **Return Time:** 6:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jun 1, 2023	Thu	Post-Season (STATE QUALIFIERS)	Amsterdam, Schuylerville, Saratoga Springs High School, Guilderland High School, Niskayuna High School @ Shenendehowa High School	5:00 PM		Shen High School East Stadium (Track)	**Departure Time:** 3:00 PM **Return Date:** **Return Time:** 7:00 PM	L
Jun 2, 2023	Fri	Post-Season (STATE QUALIFIERS)	Amsterdam, Schuylerville, Saratoga Springs High School, Guilderland High School, Niskayuna High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)		L

Date: 2024-04-24