



Shaker High School

(G) 7/8TH Lacrosse

Coaches:

- Allison Abdelnour, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 19, 2023	Wed	Scrimmage	Bethlehem High School (Black)	4:15 PM	5:45 PM	Shaker High School-Upper Maloy Field		L
Apr 21, 2023	Fri	Scrimmage	Troy	4:15 PM	5:45 PM	Shaker High School-Upper Maloy Field		L
Apr 24, 2023	Mon	Regular Season	Ballston Spa High School	4:15 PM	5:45 PM	Shaker High School-Upper Maloy Field		L
Apr 26, 2023	Wed	Regular Season	@ Niskayuna High School (Modified)	4:15 PM	5:45 PM	Iroquois Middle School	Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
Apr 28, 2023	Fri	Regular Season	@ Burnt Hills-Ballston Lake HS (Modified)	4:15 PM	5:45 PM	O'Rourke MS Lacrosse Field 2	Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
May 3, 2023	Wed	Regular Season	@ Bethlehem High School (Orange)	4:15 PM	5:45 PM	High School Field Mod Soccer/Lacrosse	Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
May 5, 2023	Fri	Regular Season	@ Shenendehowa High School (Green)	4:30 PM	6:00 PM	Shen Turf Field 12	Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
May 8, 2023	Mon	Regular Season	Albany High School	4:15 PM	5:45 PM	Shaker High School-Upper Maloy Field		L
May 16, 2023	Tue	Regular Season	Columbia High School	5:00 PM		Shaker High School-Upper Maloy Field		L
May 17, 2023	Wed	Regular Season	@ Guilderland High School (Modified)	4:45 PM	6:30 PM	Lady Dutch Field	Departure Time: 3:30 PM Return Date: Return Time: 5:30 PM	L
May 19, 2023	Fri	Regular Season	@ Shenendehowa High School (White)	4:15 PM	5:45 PM	Shen Turf Field 12	Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
May 22, 2023	Mon	Regular Season	@ Averill Park High School	4:15 PM	5:45 PM	AMS Girls Lacrosse Field	Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
May 24, 2023	Wed	Regular Season	Saratoga Springs High School (BLUE)	4:15 PM	5:45 PM	Shaker High School-Upper Maloy Field		L
May 25, 2023	Thu	Regular Season	Colonie High School	4:15 PM	5:45 PM	Shaker High School-Upper Maloy Field		L

Date: 2025-12-15