

Coaches:

- Shawn Hennessey, Head Coach
- Matt Trudeau, Asst Coach
- Logan Souza, Volunteer

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---------------------------------|--|---------------|-------------|--|--|----------------------------|
| Mar 22, 2023 | Wed | Scrimmage | Niskayuna High School | 7:30 PM | | Arthur Walker Field- Shaker High School | | L |
| Mar 25, 2023 | Sat | Scrimmage (Scrimmage Day) | Bethlehem High School, Ballston Spa High School, Columbia High School @ Shenendehowa High School | 10:00 AM | | Shen Turf Field 12, Shen Turf Field 13 | Departure Time: 9:30 AM Return Date: Return Time: 2:00 PM | L |
| Apr 1, 2023 | Sat | Scrimmage | Fayetteville-Manlius | 10:00 AM | | Herkimer Community College | Departure Time: 6:15 AM Return Date: Return Time: 11:30 AM | L |
| Apr 4, 2023 | Tue | Regular Season | @ LaSalle Institute | 6:00 PM | | LaSalle Institute HS | Departure Time: 4:45 PM Return Date: Return Time: 8:00 PM | NL |
| Apr 6, 2023 | Thu | Regular Season | @ Bethlehem High School | 4:15 PM | 5:45 PM | High School Varsity Lacrosse/Soccer | Departure Time: 2:30 PM Return Date: Return Time: 5:45 PM | L |
| Apr 8, 2023 | Sat | Regular Season 10-8 W | @ Ballston Spa High School | 11:00 AM | 12:30 PM | Soccer/Lacrosse 6 | Departure Time: 9:30 AM Return Date: Return Time: 12:45 PM | L |
| Apr 10, 2023 | Mon | Regular Season | @ Bullis School | 6:00 PM | | Bullis School (MD) | | NL |
| Apr 18, 2023 | Tue | Regular Season 4-9 L | Niskayuna High School | 6:30 PM | | Arthur Walker Field- Shaker High School | | L |
| Apr 20, 2023 | Thu | Regular Season 8-4 W | Burnt Hills-Ballston Lake HS | 7:00 PM | | Arthur Walker Field- Shaker High School | | L |
| Apr 22, 2023 | Sat | Regular Season 11-3 W | @ Columbia High School | 10:00 AM | 12:00 PM | Nicholas Budnowski Field - Columbia H.S. | Departure Time: 8:45 AM Return Date: Return Time: 11:45 AM | L |
| Apr 25, 2023 | Tue | Regular Season 19-1 W | Averill Park High School | 6:30 PM | | Arthur Walker Field- Shaker High School | | L |
| Apr 27, 2023 | Thu | Regular Season 8-4 W | Shenendehowa High School | 6:30 PM | | Arthur Walker Field- Shaker High School | | L |
| Apr 29, 2023 | Sat | Regular Season | @ Liverpool | 10:30 AM | | HERKIMER CC | Departure Time: 7:30 AM Return Date: Return Time: 11:45 AM | L |

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|--------------|-------------|---|---------------------------------------|---------------|-------------|---|---|----------------------------|
| May 2, 2023 | Tue | Regular Season | @ Burnt Hills- Ballston Lake HS | 6:00 PM | | BH-BL HS Centennial Field | Departure Time: 4:15 PM Return Date: Return Time: 7:45 PM | NL |
| May 4, 2023 | Thu | Regular Season 10-9 W | @ Saratoga Springs High School | 6:30 PM | 8:00 PM | SSHS Turf Field | Departure Time: 5:00 PM Return Date: Return Time: 8:00 PM | L |
| May 8, 2023 | Mon | Regular Season 17-1 W | @ Colonie High School | 7:00 PM | 8:30 PM | Colonie HS Varsity Grass (Field #2) | Departure Time: 5:45 PM Return Date: Return Time: 9:00 PM | L |
| May 11, 2023 | Thu | Regular Season 17-5 W | Christian Brothers Academy, Albany | 7:15 PM | | Arthur Walker Field- Shaker High School | | L |
| May 13, 2023 | Sat | Regular Season 12-2 W | Guilderland High School | 10:00 AM | | Arthur Walker Field- Shaker High School | | L |
| May 22, 2023 | Mon | Post-Season (Semi-Finals) 11-7 W | Christian Brothers Academy, Albany | 6:30 PM | | Arthur Walker Field- Shaker High School | | L |
| May 26, 2023 | Fri | Post-Season (Section 2 Championships) | Shenendehowa High School | 5:00 PM | | Arthur Walker Field- Shaker High School | | L |

Date: 2025-12-05