



# Shaker High School

## Girls Varsity Gymnastics

### 2023 - 2024

Athletics Director: Sean Colfer  
Assistant: David Stadlander

445 Watervliet Shaker Rd  
Latham, NY, 12110  
(518) 785-5511  
northcolonie.org

#### Coaches:

- Keshia Ramirez, Head Coach
- Keri Lockhart, Asst Coach

#### Players (11)

NAME	GRADE
Alyssa Caiano	11
Isabel DeFilipo	9
Alyssa Kearns	12
Catriona Molano	9
Vidya Narra	8
Lindsey Nguyen	8
Alexandra Phoenix	8
Jenna Stadnik	8
Ellie Stagliano	8
Caroline Stark	9
Vivian Venditti	7