



# Shaker High School

## (B) V Cross Country

### Coaches:

- Dan Bruton, Head Coach
- Mark Thompson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 4, 2018	Tue	Regular Season	Bethlehem High School, Guilderland High School, Christian Brothers Academy, Albany	4:15 PM		Colonie Town Park	<b>Departure Time:</b> 2:30 PM	L
Sep 7, 2018	Fri	Meet (Springstead Invitational)	Vs. Multiple	4:00 PM		Colonie Mohawk River Town Park		NL
Sep 7, 2018	Fri	Regular Season (Shaker Invitational)	Colonie High School	4:00 PM		Colonie Mohawk River Town Park		L
Sep 7, 2018	Fri	Regular Season	Bethlehem High School	4:15 PM		Colonie Mohawk River Town Park		L
Sep 11, 2018	Tue	Regular Season	Columbia High School, Albany High School @ Saratoga Springs High School	4:15 PM		Saratoga Spa State Park	<b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 5:30 PM	L
Sep 15, 2018	Sat	Meet (Adk XC Classic Invy)	Vs. Multiple	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 25, 2018	Tue	Regular Season	Ballston Spa High School, Niskayuna High School @ Burnt Hills-Ballston Lake HS	4:15 PM		Saratoga Spa State Park		L
Oct 2, 2018	Tue	Regular Season	Shenendehowa High School, Troy @ Schenectady High School	4:15 PM		Iroquois Middle School, Niskayuna		L
Oct 6, 2018	Sat	Meet (Grout Invitational)	Vs. Multiple	9:00 AM		Central Park	<b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 1:30 PM	NL
Oct 9, 2018	Tue	Regular Season	Averill Park High School, Colonie High School	4:15 PM		Colonie Mohawk River Town Park		L
Oct 10, 2018	Wed	Practice	N/A	3:00 PM		Colonie Mohawk River Town Park	<b>Departure Time:</b> 2:30 PM	
Oct 19, 2018	Fri	Post-Season (Albany County Championship)	@ TBD	4:00 PM		Colonie Mohawk River Town Park		L
POSTPONED Oct 27, 2018	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL
Nov 2, 2018	Fri	Post-Season (Section 2 Championship)	@ TBD	11:00 AM		TBD		L

Date: 2026-01-20