



# Shaker High School

## (G) V Cross Country

### Coaches:

- Keith Weiss, Head Coach
- Charlie Blanchet, Asst Coach
- Jenny DeBellis, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 17, 2024	Tue	Regular Season	Averill Park High School, Guilderland High School	4:15 PM	5:55 PM	The Crossings		L
Sep 24, 2024	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Columbia High School @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Oct 1, 2024	Tue	Regular Season	Shenendehowa High School, Ballston Spa High School, Bethlehem High School	4:15 PM	5:55 PM	Colonie Mohawk River Town Park		L
Oct 8, 2024	Tue	Regular Season	Niskayuna High School @ Colonie High School	4:15 PM	5:55 PM	TBD		L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL

Date: 2024-04-30