



Shaker High School

(G) V Cross Country

Coaches:

- Keith Weiss, Head Coach
- Charlie Blanchet, Asst Coach
- Jenny DeBellis, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2023	Sat	Meet (Springstead Invitational)	Vs. Multiple	9:00 AM		Colonie Mohawk River Town Park		NL
Sep 19, 2023	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Albany High School, Columbia High School	4:15 PM	5:55 PM	Colonie Town Park	Departure Time: 2:25 PM	L
Oct 20, 2023	Fri	Post-Season (Albany County Championship)	TBD	3:00 PM		New Scotland Town Park	Departure Time: 1:45 PM	L

Date: 2024-04-20