



# Shaker High School

## Girls Varsity Cross Country

### 2022 - 2023

Athletics Director: Sean Colfer  
Assistant: David Stadtlander

445 Watervliet Shaker Rd  
Latham, NY, 12110  
(518) 785-5511  
northcolonie.org

### Coaches:

- Keith Weiss, Head Coach
- Charlie Blanchet, Asst Coach
- Jenny DeBellis, Asst Coach

### Players (31)

NAME	GRADE
Natalie Bennett	Graduated
Claire Beshaw	Graduated
Sarah Biddle	12
Sophie Boucek	Graduated
Harika Byraju	10
Alyssa Caiano	11
Jennifer DeSantis	12
Birtu Diefenderfer	Graduated
Isabella Doolittle	10
Charlotte Dunkel	11
Shayla Duvall	12
Mya Endres	10
Isabel Fowler	Graduated
Nihitha Ganneboina	11
Leonna Griffin	12
Kaleigh Higgins	Graduated
Sakthi Jagannath	11
Mackenzie Kelly	11
Lauren Knapp	10
Elizabeth Koa	12
Lilla Korniss	Graduated
Lydia Lin	10
Macey Meyers	12
Isabella ODonnell	12
Krithi Pala	11
Arianna Phillips	10
Jenna Pollicino	Graduated
Trista Polsinello	Graduated
Victoria Raghubar	11
Juliet Renaldi	10
Annika Robin	Graduated