



# Shaker High School

## Girls Varsity Cross Country

### 2021 - 2022

Athletics Director: Sean Colfer  
Assistant: David Stadtlander

445 Watervliet Shaker Rd  
Latham, NY, 12110  
(518) 785-5511  
northcolonie.org

### Coaches:

- Keith Weiss, Head Coach
- Charlie Blanchet, Asst Coach
- Jenny DeBellis, Asst Coach

### Players (34)

| NAME               | GRADE     |
|--------------------|-----------|
| Sara Bawla         | Graduated |
| Natalie Bennett    | Graduated |
| Claire Beshaw      | Graduated |
| Sarah Biddle       | 12        |
| Michaela Boyd      | 12        |
| Ciara Bullington   | Graduated |
| Alyssa Caiano      | 11        |
| Jennifer DeSantis  | 12        |
| Birtu Diefenderfer | Graduated |
| Charlotte Dunkel   | 11        |
| Shayla Duvall      | 12        |
| Isabel Fowler      | Graduated |
| Natalie Fox        | Graduated |
| Hanna Fraley       | Graduated |
| Leonni Griffin     | 12        |
| Aditri Gupta       | Graduated |
| Kaleigh Higgins    | Graduated |
| Sakthi Jagannath   | 11        |
| Alyssa Kearns      | 12        |
| Mackenzie Kelly    | 11        |
| Niamh Kelly        | 12        |
| Elizabeth Koa      | 12        |
| Lilla Korniss      | Graduated |
| Giada Lanni        | 9         |
| Sofia Lanni        | 9         |
| Macey Meyers       | 12        |
| Sara Oakley        | 12        |
| Isabella ODonnell  | 12        |
| Krithi Pala        | 11        |
| Jenna Pollicino    | Graduated |
| Trista Polsinello  | Graduated |
| Victoria Raghubar  | 11        |
| Annika Robin       | Graduated |
| Mary Sullenberger  | Graduated |