



# Shaker High School

## Girls Varsity Cross Country

### 2022 - 2023

Athletics Director: Sean Colfer  
Assistant: David Stadlander

445 Watervliet Shaker Rd  
Latham, NY, 12110  
(518) 785-5511  
northcolonie.org

### Coaches:

- Keith Weiss, Head Coach
- Jenny DeBellis, Asst Coach
- Erin Gregory, Asst Coach

### Players (31)

NAME	GRADE
Natalie Bennett	Graduated
Claire Beshaw	Graduated
Sarah Biddle	Graduated
Sophie Boucek	Graduated
Harika Byraju	12
Alyssa Caiano	12
Jennifer DeSantis	Graduated
Birtu Diefenderfer	Graduated
Isabella Doolittle	12
Charlotte Dunkel	12
Shayla Duvall	Graduated
Mya Endres	12
Isabel Fowler	Graduated
Nihitha Ganneboina	12
Leonni Griffin	Graduated
Kaleigh Higgins	Graduated
Sakthi Jagannath	12
Mackenzie Kelly	12
Lauren Knapp	12
Elizabeth Koa	Graduated
Lilla Korniss	Graduated
Lydia Lin	12
Macey Meyers	Graduated
Isabella ODonnell	Graduated
Krithi Pala	12
Arianna Phillips	12
Jenna Pollicino	Graduated
Trista Polsinello	Graduated
Victoria Raghubar	12
Juliet Renaldi	12
Annika Robin	Graduated