



Shenendehowa High School

(G) V Wrestling

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 29, 2025	Sat	Scrimmage (Pete Martin JV Scrimmage)	Amsterdam	9:00 AM		Shen High School East Gym 1 (Main)		NL
Nov 29, 2025	Sat	Regular Season (CDWOA Tournament)	TBD	9:00 AM		Shen High School East Gym 2 (New)		L
Dec 3, 2025	Wed	Regular Season	@ Guilderland High School	6:00 PM	7:55 PM	Guilderland High School East Gym		L
Dec 5, 2025	Fri	Regular Season	@ TBD	4:30 PM		Newark Valley High School		NL
Dec 10, 2025	Wed	Regular Season	@ Columbia High School	6:00 PM	7:55 PM	Columbia H.S.		L
Dec 13, 2025	Sat	Regular Season (IRON MAIDEN GIRLS WRESTLING TOURNAMENT)	@ TBD	TBD		Minisink Valley HS		NL
Dec 21, 2025	Sun	Regular Season (Bash at the Burgh)	@ TBD	9:00 AM		Lansingburgh High School		NL
Jan 4, 2026	Sun	Regular Season (DAME OF THRONES TOURNAMENT)	@ TBD	9:30 AM		Impact Athletic Center		NL
Jan 7, 2026	Wed	Regular Season	Averill Park High School	6:00 PM	7:55 PM	Shen High School East Gym 1 (Main)		L
Jan 11, 2026	Sun	Regular Season (EASTERN STATE CLASSIC)	@ TBD	9:30 AM		Impact Athletic Center		NL
Jan 14, 2026	Wed	Regular Season	@ Burnt Hills-Ballston Lake HS	6:00 PM	7:55 PM	BH-BL HS Gym		L
Jan 18, 2026	Sun	Regular Season (Columbia Devils & Dames Wrestling Tournament)	Amsterdam, Niskayuna High School (Niskayuna/Schenectady Girls Wrestling), Coxsackie-Athens, Colonie High School, Shaker High School, Cairo-Durham, Albany High School @ Columbia High School	9:00 AM	6:00 PM	Columbia H.S.		NL
Jan 21, 2026	Wed	Regular Season	Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	6:00 PM	7:55 PM	Shen High School East Gym 1 (Main)		L
Jan 24, 2026	Sat	Regular Season (STATE DUALS TOURNAMENT)	@ TBD	9:00 AM		Washington Avenue Armory, Albany		L
Jan 28, 2026	Wed	Regular Season	Bethlehem High School	6:00 PM	7:55 PM	Shen High School East Gym 1 (Main)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 30, 2026	Fri	Regular Season	@ Shaker High School	6:00 PM		Shaker High School- F gym		L
Feb 5, 2026	Thu	Regular Season	Colonie High School	6:00 PM	7:55 PM	Shen High School East Gym 1 (Main)		L

Date: 2025-12-13