Coaches:

• Colleen Cole

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|---|---------------|-------------|---|----------------|----------------------------|
| Aug 31, 2022 | Wed | Regular Season (Freshman Tournament) | Columbia High School, Saratoga Springs High School @ Burnt Hills-Ballston Lake HS | 4:00 PM | | BH-BL HS Gym | | NL |
| Sep 1, 2022 | Thu | Regular Season | Columbia High School | 11:00 AM | 12:25 PM | Gowana Middle School Green Gym | | L |
| Sep 6, 2022 | Tue | Regular Season | @ Bethlehem High School | 4:15 PM | 5:40 PM | High School Gym C | | L |
| Sep 8, 2022 | Thu | Regular Season | Saratoga Springs High School | 4:15 PM | 5:40 PM | Gowana Middle School Green Gym | | L |
| Sep 12, 2022 | Mon | Regular Season | @ Burnt Hills-Ballston Lake HS | 4:15 PM | 5:40 PM | BH-BL HS Gym | | L |
| Sep 13, 2022 | Tue | Regular Season 1-2 L | Ballston Spa High School | 4:15 PM | 5:40 PM | Gowana Middle School Green Gym | | L |
| Sep 22, 2022 | Thu | Regular Season | @ Schenectady High School | 4:30 PM | 5:40 PM | Pat Riley Sports Center- Intramural Gym | | L |
| Sep 27, 2022 | Tue | Regular Season | @ Niskayuna High School | 4:15 PM | 5:40 PM | High School | | L |
| Sep 29, 2022 | Thu | Regular Season | @ Columbia High School | 4:15 PM | 5:40 PM | Columbia H.S. | | L |
| Oct 6, 2022 | Thu | Regular Season | Bethlehem High School | 4:15 PM | 5:40 PM | Gowana Middle School Green Gym | | L |
| Oct 11, 2022 | Tue | Regular Season | @ Saratoga Springs High School | 4:15 PM | 5:40 PM | Saratoga Springs High School | | L |
| Oct 13, 2022 | Thu | Regular Season | Burnt Hills-Ballston Lake HS | 4:15 PM | 5:40 PM | Koda Middle School White Gym | | L |
| Oct 17, 2022 | Mon | Regular Season 0-2 L | @ Ballston Spa High School | 4:15 PM | 5:40 PM | Middle School Gym | | L |
| Oct 24, 2022 | Mon | Regular Season | Schenectady High School | 4:15 PM | 5:40 PM | Gowana Middle School Green Gym | | L |
| Oct 26, 2022 | Wed | Regular Season | Niskayuna High School | 4:15 PM | 5:40 PM | Gowana Middle School Green Gym | | L |

Date: 2024-05-11