



# Shenendehowa High School

## (B) 7/8TH Wrestling

Coaches:

- Dan Palmerino

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 12, 2025	Fri	Regular Season	@ Christian Brothers Academy, Albany	4:15 PM	5:55 PM	CBA Dome		L
Dec 17, 2025	Wed	Regular Season	Albany High School	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Jan 14, 2026	Wed	Regular Season	Colonie High School	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Jan 16, 2026	Fri	Regular Season	Schenectady High School (Modified Wrestling)	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Jan 21, 2026	Wed	Regular Season	@ Saratoga Springs High School	4:15 PM	5:55 PM	Maple Avenue Middle School		L
CANCELLED Jan 23, 2026	Fri	Meet (SSC Play Day)	Vs. Multiple	4:15 PM	7:25 PM	Steinmetz FLA		NL
Jan 28, 2026	Wed	Regular Season	@ Shaker High School	4:15 PM	5:55 PM	Shaker Middle School- old gym		L
Feb 4, 2026	Wed	Meet (SSC Play Day)	Vs. Multiple	4:15 PM	7:25 PM	Shen High School East Gym 2 (New)		NL
Feb 4, 2026	Wed	Regular Season (Playdate)	TBD	4:30 PM	7:55 PM	Shen High School East Gym 2 (New)		L

Date: 2026-02-18