



# Shenendehowa High School

## (B) 7/8TH Wrestling

Coaches:

- Dan Palmerino

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 13, 2024	Fri	Regular Season	@ Bethlehem High School	4:15 PM	5:55 PM	Middle School Gym		L
Dec 20, 2024	Fri	Regular Season	Colonie High School	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Jan 8, 2025	Wed	Regular Season	Averill Park High School	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Jan 10, 2025	Fri	Regular Season	Columbia High School	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Jan 15, 2025	Wed	Regular Season	@ Niskayuna High School (Modified)	4:15 PM	5:55 PM	Niskayuna High School		L
Jan 17, 2025	Fri	Regular Season	@ Saratoga Springs High School	4:15 PM	5:55 PM	Maple Avenue Middle School		L
Jan 22, 2025	Wed	Regular Season	Schenectady High School (Modified Wrestling)	4:15 PM	5:55 PM	Shen High School East Gym 1 (Main)		L
Jan 24, 2025	Fri	Regular Season	Guilderland High School (Modified)	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Jan 28, 2025	Tue	Regular Season	Shaker High School	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Jan 31, 2025	Fri	Regular Season	@ Burnt Hills-Ballston Lake HS (Modified)	4:15 PM	5:55 PM	O'Rourke Middle School Gym		L
Feb 5, 2025	Wed	Regular Season	@ Ballston Spa High School	4:15 PM	5:55 PM	Middle School Gym		L
Feb 11, 2025	Tue	Meet (SSC Play Day)	Vs. Multiple	4:30 PM	7:55 PM	Shen High School East Gym 2 (New)		NL
Feb 13, 2025	Thu	Regular Season	@ Albany High School	4:15 PM	5:55 PM	Albany High School Gym A		L

Date: 2025-12-15