



# Shenendehowa High School

## (B) 7/8TH Wrestling

Coaches:

- Dan Palmerino

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 13, 2023	Wed	Regular Season	@ Colonie High School	4:15 PM	6:15 PM	Lisha Kill Middle School		L
Dec 15, 2023	Fri	Regular Season (Modified Wrestling Play Date)	Albany High School, Ballston Spa High School, Shaker High School, Saratoga Springs High School, Burnt Hills-Ballston Lake HS (Modified)	4:15 PM	7:00 PM	Shen High School East Gym 2 (New)		L
Dec 20, 2023	Wed	Regular Season	Schenectady High School (Modified Wrestling)	4:15 PM	7:00 PM	Shen Middle School Gyms (Koda and Gowana)		L
Dec 20, 2023	Wed	Regular Season	Albany High School	4:15 PM	6:15 PM	Shen High School East Gym 2 (New)		L
Jan 3, 2024	Wed	Regular Season	@ Burnt Hills-Ballston Lake HS (Modified)	4:15 PM	6:15 PM	O'Rourke Middle School Gym		L
CANCELLED Jan 12, 2024	Fri	Regular Season	@ Schenectady High School (Modified Wrestling)	4:15 PM	6:15 PM	Oneida Middle School Gym		L
Jan 17, 2024	Wed	Regular Season	Columbia High School	4:15 PM	6:15 PM	Shen High School East Gym 2 (New)		L
Jan 21, 2024	Sun	Regular Season (Modified Wrestling Play Date)	Averill Park High School, Schenectady High School (Modified Wrestling), Columbia High School @ Albany High School	11:00 AM		Albany High School Gym A		L
Jan 24, 2024	Wed	Regular Season	Averill Park High School	4:15 PM	6:15 PM	Shen High School East Gym 1 (Main)		L
Jan 31, 2024	Wed	Regular Season	Guilderland High School (Modified)	4:15 PM	6:15 PM	Shen High School East Gym 2 (New)		L
Feb 3, 2024	Sat	Regular Season	@ Shaker High School	11:00 AM		Shaker High School- F gym		L
Feb 7, 2024	Wed	Regular Season	@ Saratoga Springs High School	4:15 PM	6:15 PM	Maple Avenue Middle School		L
Feb 14, 2024	Wed	Regular Season	Niskayuna High School (Modified)	4:15 PM	6:15 PM	Shen High School East Gym 2 (New)		L

Date: 2025-12-11