



Shenendehowa High School

(B) 7/8TH Wrestling

Coaches:

- Dan Palmerino

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 14, 2022	Wed	Regular Season	Albany High School @ Bethlehem High School	4:15 PM	6:00 PM	High School Gym A		L
POSTPONED Dec 16, 2022	Fri	Regular Season	Ballston Spa High School, Burnt Hills-Ballston Lake HS (Modified), Schenectady High School (Modified Wrestling), Shaker High School, Niskayuna High School (Modified), Saratoga Springs High School	4:15 PM	7:00 PM	Shen High School East Gym 2 (New)		L
Dec 21, 2022	Wed	Regular Season	Burnt Hills-Ballston Lake HS (Modified)	4:15 PM	6:15 PM	Shen High School East Gym 2 (New)		L
Jan 4, 2023	Wed	Regular Season	Schenectady High School (Modified Wrestling)	4:15 PM	6:15 PM	Shen High School East Gym 2 (New)		L
Jan 11, 2023	Wed	Regular Season	@ Columbia High School	4:15 PM	6:15 PM	Columbia H.S.		L
Jan 18, 2023	Wed	Regular Season	@ Averill Park High School	4:15 PM	6:15 PM	AMS Main Gymnasium		L
Jan 20, 2023	Fri	Meet (Modified Play Day)	Vs. Multiple	4:00 PM		Shaker High School- H Gym		NL
Jan 27, 2023	Fri	Regular Season	@ Guilderland High School (Modified)	4:15 PM	6:15 PM	Farnsworth Middle School Main Gym		L
Feb 1, 2023	Wed	Regular Season	Saratoga Springs High School	4:15 PM	6:15 PM	Shen High School East Gym 2 (New)		L
Feb 3, 2023	Fri	Regular Season	Shaker High School	4:15 PM	6:15 PM	Shen High School East Gym 2 (New)		L
Feb 8, 2023	Wed	Regular Season	@ Niskayuna High School (Modified)	4:15 PM	6:15 PM	Niskayuna High School		L

Date: 2025-12-08