



Shenendehowa High School

(B) 7/8TH Wrestling

Coaches:

- Dan Palmerino

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 5, 2018	Wed	Scrimmage	Columbia High School	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Dec 7, 2018	Fri	Meet (SSC Play Day)	Vs. Multiple	4:15 PM		Niskayuna High School		NL
Dec 7, 2018	Fri	Regular Season (SCC Play Date)	Albany High School, Colonie High School, Guilderland High School (Modified), Saratoga Springs High School, Shaker High School @ Niskayuna High School (Modified)	4:15 PM	7:00 PM	Niskayuna High School		L
Dec 12, 2018	Wed	Regular Season	@ Ballston Spa High School	4:15 PM	5:55 PM	Middle School Gym		L
Dec 19, 2018	Wed	Regular Season	Shaker High School, Albany High School	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Jan 3, 2019	Thu	Regular Season	@ Colonie High School	4:15 PM	5:55 PM	Colonie High School MUG (Main Gymnasium)		L
Jan 9, 2019	Wed	Regular Season	@ Niskayuna High School (Modified)	4:15 PM	5:55 PM	Niskayuna High School		L
Jan 16, 2019	Wed	Regular Season	@ Guilderland High School (Modified)	4:15 PM	5:55 PM	Farnsworth Middle School Main Gym		L
POSTPONED Jan 24, 2019	Thu	Regular Season	Saratoga Springs High School	4:15 PM	5:55 PM	Shen High School East Gym 1 (Main)		L
Jan 25, 2019	Fri	Meet (SSC Play Day)	Vs. Multiple	4:15 PM		Shaker High School- H Gym		NL
Jan 28, 2019	Mon	Regular Season	@ Bethlehem High School	4:15 PM	5:55 PM	Middle School Gym		L
Jan 30, 2019	Wed	Regular Season	Averill Park High School	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L
Feb 7, 2019	Thu	Regular Season	Burnt Hills-Ballston Lake HS (Modified)	4:15 PM	5:55 PM	Shen High School East Gym 2 (New)		L

Date: 2026-01-23