



Shenendehowa High School

(B) JV Wrestling

Coaches:

- Chris Capezzuti

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 29, 2025	Sat	Scrimmage (Pete Martin Holiday Scrimmage)	Amsterdam (Amsterdam)	10:15 AM		Queensbury High School		NL
Dec 3, 2025	Wed	Regular Season	Schenectady High School (JV Wrestling)	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)		L
Dec 6, 2025	Sat	Regular Season (JV wrestling tournament)	Colonie High School, Schenectady High School (JV Wrestling), Shaker High School, Saratoga Springs High School, Amsterdam (Amsterdam) @ Burnt Hills-Ballston Lake HS	8:00 AM	8:00 PM	BH-BL HS Gym		NL
Dec 9, 2025	Tue	Regular Season	@ Shaker High School	4:30 PM		Shaker High School- H Gym		L
Dec 11, 2025	Thu	Regular Season	@ Christian Brothers Academy, Albany	6:00 PM	8:55 PM	Ned McGraw Gymnasium		L
Dec 17, 2025	Wed	Regular Season	Albany High School	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)		L
Dec 20, 2025	Sat	Regular Season (JV Wrestling Tournament)	Shaker High School, Ballston Spa High School, Schenectady High School (JV Wrestling), Saratoga Springs High School, Salem (Salem-Cambridge), Colonie High School @ Niskayuna High School	9:30 AM		NHS NEW GYM		NL
Dec 29, 2025	Mon	Regular Season (Holiday JV Tournament)	Schenectady High School (JV Wrestling), Ballston Spa High School, Salem (Salem-Cambridge), Saratoga Springs High School @ Queensbury	7:30 AM		Queensbury HS, Blue Gym		NL
CANCELLED Dec 30, 2025	Tue	Meet (SSC Play Day)	Vs. Multiple	9:00 AM	3:55 PM	Ballston Spa High School Gym		NL
Jan 14, 2026	Wed	Regular Season	Colonie High School	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)		L
Jan 21, 2026	Wed	Regular Season	@ Saratoga Springs High School	6:00 PM	8:55 PM	Saratoga Springs High School		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 24, 2026	Sat	Regular Season (Guilderland JV Wrestling Tournament)	Colonie High School, Ballston Spa High School, Schenectady High School (JV Wrestling), Saratoga Springs High School, Niskayuna High School, Christian Brothers Academy, Albany, Coxsackie- Athens, Cairo- Durham @ Guilderland High School	9:30 AM	7:30 PM	Guilderland High School West (Big) Gym		NL

Date: 2025-12-19