



Shenendehowa High School

(B) JV Wrestling

Coaches:

- Chris Capezzuti

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 19, 2022	Sat	Regular Season (Weight Certification Day)	Amsterdam (Amsterdam)	TBD		Shen High School East Gym 2 (New)		NL
Nov 26, 2022	Sat	Regular Season (CDWOA TOURNAMENT)	Niskayuna High School, Colonie High School	9:00 AM	7:00 PM	Shen High School East Gym 1 (Main)		L
Nov 26, 2022	Sat	Regular Season (CDWOA Tournament)	Amsterdam (Amsterdam)	10:00 AM		Shen High School East Gym 2 (New)		NL
Nov 30, 2022	Wed	Regular Season	Burnt Hills-Ballston Lake HS	6:00 AM	8:00 AM	Shen High School East Gym 1 (Main)		NL
Dec 3, 2022	Sat	Regular Season (Tournament)	Warrensburg (Warrensburg/Lake George), Salem (Salem-Cambridge), Colonie High School, Saratoga Springs High School @ Burnt Hills-Ballston Lake HS	10:00 AM		BH-BL HS Gym		NL
Dec 7, 2022	Wed	Regular Season	@ Bethlehem High School	6:00 PM	8:00 PM	High School Gym A		NL
POSTPONED Dec 14, 2022	Wed	Regular Season	@ Schenectady High School (JV Wrestling)	6:00 PM	8:00 PM	Pat Riley Sports Center- Main Gym		NL
Dec 17, 2022	Sat	Regular Season (JV Tournament)	Ballston Spa High School, Shaker High School, Colonie High School, Salem (Salem-Cambridge), Saratoga Springs High School, Guilderland High School, Scotia-Glenville @ Niskayuna High School	10:00 AM		Niskayuna High School		L
Dec 21, 2022	Wed	Regular Season	@ Shaker High School	5:00 PM		Shaker High School- F gym		L
Dec 28, 2022	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Schenectady High School (JV Wrestling), Niskayuna High School, Saratoga Springs High School, Columbia High School, Albany High School, Averill Park High School, Bethlehem High School @ Ballston Spa High School	10:00 AM	1:00 PM	Ballston Spa High School Gym		L
Jan 4, 2023	Wed	Regular Season	Colonie High School	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 7, 2023	Sat	Regular Season (JV Tournament and Girls Tournament (Girls Team - Niskayuna-Schenectady, Shaker, Guilderland, Sherburne-Earlville))	Burnt Hills-Ballston Lake HS, Ballston Spa High School, Shaker High School, Niskayuna High School, Schenectady High School (JV Wrestling), Granville (Granville-Whitehall), Guilderland High School, Hadley-Luzerne, Scotia-Glenville, Sherburne-Earlville @ Colonie High School	7:00 AM	4:00 PM	Colonie High School MUG (Main Gymnasium)		NL
Jan 11, 2023	Wed	Regular Season	Niskayuna High School	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)		L
Jan 18, 2023	Wed	Regular Season	Guilderland High School	6:00 PM	8:30 PM	Shen High School East Gym 1 (Main)		L
Jan 21, 2023	Sat	Regular Season (Tournament)	Hudson Falls, Burnt Hills-Ballston Lake HS, Colonie High School, Saratoga Springs High School, Schenectady High School (JV Wrestling) @ Guilderland High School	9:00 AM	7:00 PM	Guilderland High School East Gym		L
Jan 23, 2023	Mon	Regular Season (CDWOA JV Tournament)	Amsterdam (Amsterdam)	8:00 AM		Shen High School East Gym 1 (Main)		L
Jan 26, 2023	Thu	Regular Season	@ Saratoga Springs High School	7:00 PM	8:55 PM	SSHS BLUE GYM		L
Jan 28, 2023	Sat	Regular Season (JV Dual Meet)	Hudson Falls, Shaker High School, Saratoga Springs High School, Schenectady High School (JV Wrestling), Guilderland High School @ Bethlehem High School	8:00 AM		High School Gym B		L
Jan 30, 2023	Mon	Regular Season	Ballston Spa High School, Schenectady High School (JV Wrestling), Columbia High School, Niskayuna High School, Saratoga Springs High School, Albany High School, Averill Park High School, Bethlehem High School, Guilderland High School @ Colonie High School	4:00 PM	7:00 PM	Colonie High School MUG (Main Gymnasium)		L

Date: 2025-12-05