



Shenendehowa High School

(B) V Wrestling

Coaches:

- Robert Weeks

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 3, 2025	Wed	Regular Season	Schenectady High School (Varsity Wrestling)	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)		L
Dec 5, 2025	Fri	Regular Season (CLYDE COLE TOURNAMENT through 12/6)	@ TBD		9:00 AM	Oxford Academy		NL
Dec 9, 2025	Tue	Regular Season 60-15 W	@ Shaker High School	6:00 PM	8:55 PM	Shaker High School- H Gym		L
Dec 11, 2025	Thu	Regular Season	@ Christian Brothers Academy, Albany	6:00 PM	8:55 PM	Ned McGraw Gymnasium		L
Dec 13, 2025	Sat	Regular Season (WRANGLE ON THE PLAINS)	TBD, Albany High School		9:00 AM	Impact Athletic Center		L
Dec 17, 2025	Wed	Regular Season	Albany High School	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)		L
Dec 20, 2025	Sat	Regular Season (Lee Van Slyke Memorial Duals)	TBD, Saratoga Springs High School, Unatego (UVUF), Massapequa, Longwood @ Burnt Hills-Ballston Lake HS	8:00 AM	6:00 PM	BH-BL HS Gym		NL
Dec 27, 2025	Sat	Regular Season (MID-HUDSON WRESTLING TOURNAMENT through 12/28)	@ TBD		9:00 AM	Arlington High School		NL
Dec 27, 2025	Sat	Regular Season (Queensbury Holiday Wrestling Festival)	Schuylerville (Schuylerville/Greenwich) @ Queensbury		10:00 AM	Queensbury HS, Blue Gym		L
Jan 4, 2026	Sun	Regular Season (The ARMBAR Tournament)	@ TBD		9:30 AM	Impact Athletic Center		NL
Jan 9, 2026	Fri	Regular Season (EASTERN STATES CLASSIC 1/9-1/10/26)	Niskayuna High School @ TBD		9:00 AM	Impact Athletic Center		NL
Jan 14, 2026	Wed	Regular Season	Colonie High School	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)		L
Jan 17, 2026	Sat	Regular Season (Schenectady Invitational)	Shaker High School, Saratoga Springs High School, Niskayuna High School, Albany High School @ Schenectady High School (Varsity Wrestling)	7:30 AM	6:00 PM	Pat Riley Sports Center- Main Gym		NL
Jan 21, 2026	Wed	Regular Season	@ Saratoga Springs High School	6:00 PM	8:55 PM	Saratoga Springs High School		L

Date: 2026-01-08