

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 28, 2025	Thu	Scrimmage (Preseason Scrimmage Day)	Niskayuna High School, Shaker High School	9:00 AM		Shen High School East Gym 2 (New)		L
Sep 4, 2025	Thu	Regular Season	@ Shaker High School	4:15 PM	5:40 PM	Shaker High School- H Gym		L
Sep 10, 2025	Wed	Regular Season	@ Columbia High School	4:15 PM	5:40 PM	Columbia H.S.		L
Sep 12, 2025	Fri	Regular Season	Colonie High School	4:15 PM	5:40 PM	Shen High School East Gym 1 (Main)		L
Sep 17, 2025	Wed	Regular Season	@ Niskayuna High School	4:15 PM	5:40 PM	NHS NEW GYM		L
Sep 20, 2025	Sat	Meet (SSC Mid Season Tournament)	Vs. Multiple	9:00 AM	2:55 PM	BH-BL HS Gym		NL
Sep 24, 2025	Wed	Regular Season	Burnt Hills-Ballston Lake HS	4:15 PM	5:40 PM	Shen High School East Gym 1 (Main)		L
Sep 29, 2025	Mon	Regular Season	@ Guilderland High School	4:15 PM	5:40 PM	Guilderland High School West (Big) Gym		L
Oct 3, 2025	Fri	Regular Season	Saratoga Springs High School	4:15 PM	5:40 PM	Shen High School East Gym 1 (Main)		L
Oct 6, 2025	Mon	Regular Season	Shaker High School	4:15 PM	5:40 PM	Shen High School East Gym 1 (Main)		L
Oct 8, 2025	Wed	Regular Season	Columbia High School	4:15 PM	5:40 PM	Shen High School East Gym 1 (Main)		L
Oct 15, 2025	Wed	Regular Season	Niskayuna High School	4:15 PM	PM	Shen High School East Gym 1 (Main)		L
Oct 17, 2025	Fri	Regular Season	Schenectady High School	4:15 PM	5:40 PM	Shen High School East Gym 1 (Main)		L
Oct 18, 2025	Sat	Regular Season	@ Cicero-North Syracuse	5:00 PM	6:00 PM	CNS HS-Lower Gym		L
Oct 22, 2025	Wed	Regular Season	@ Burnt Hills- Ballston Lake HS	4:15 PM	5:40 PM	BH-BL HS Gym		L
Oct 24, 2025	Fri	Regular Season	@ Bethlehem High School	4:15 PM	5:40 PM	High School Gym B		L
Oct 27, 2025	Mon	Regular Season	@ Schenectady High School	4:15 PM	5:40 PM	Pat Riley Sports Center- Main Gym		L
Oct 29, 2025	Wed	Regular Season	Bethlehem High School	4:15 PM	5:40 PM	Shen High School East Gym 1 (Main)		L
Nov 1, 2025	Sat	Meet (SSC End of Season Tournament)	Vs. Multiple	9:00 AM	2:55 PM	Guilderland High School West (Big) Gym		NL
Nov 3, 2025	Mon	Regular Season	@ Colonie High School	4:15 PM	5:40 PM	Colonie High School MUG (Main Gymnasium)		L

Date: 2025-12-05