

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 30, 2022	Tue	Scrimmage (MIDLAKES PRESEASON SCRIMMAGE DAY)	@ Midlakes	8:30 AM		TBD		NL
Sep 1, 2022	Thu	Scrimmage (Preseason Scrimmage Day)	Niskayuna High School, Shaker High School, Columbia High School, TBD	2:00 PM		Gowana Middle School Green Gym, Koda Middle School White Gym		L
Sep 2, 2022	Fri	Regular Season	@ Shaker High School	4:15 PM		Shaker High School- H Gym		L
Sep 7, 2022	Wed	Regular Season	@ Niskayuna High School	4:15 PM		Niskayuna High School		L
Sep 9, 2022	Fri	Regular Season	@ Saratoga Springs High School	4:15 PM		Saratoga Springs High School		L
Sep 14, 2022	Wed	Regular Season	@ Colonie High School	4:15 PM	5:35 PM	Colonie High School MUG (Main Gymnasium)		L
Sep 16, 2022	Fri	Regular Season	@ Guilderland High School	4:15 PM		Guilderland High School West (Big) Gym		L
Sep 17, 2022	Sat	Regular Season (SSC Meet (Mid Season Tournament))	Burnt Hills- Ballston Lake HS, Bethlehem High School, Colonie High School, Columbia High School, Guilderland High School, Niskayuna High School, Schenectady High School, Shaker High School, Saratoga Springs High School @ TBD	9:00 AM	3:00 PM	Saratoga Springs High School		L
Sep 19, 2022	Mon	Regular Season	@ Schenectady High School	4:30 PM	5:35 PM	Pat Riley Sports Center- Main Gym		L
Sep 21, 2022	Wed	Regular Season	@ Columbia High School	4:15 PM	5:35 PM	Columbia H.S.		L
Sep 23, 2022	Fri	Regular Season	Bethlehem High School	4:15 PM	5:35 PM	Shen High School East Gym 2 (New)		L
Sep 28, 2022	Wed	Regular Season	@ Burnt Hills- Ballston Lake HS	4:15 PM	5:35 PM	BH-BL HS Gym		L
Sep 30, 2022	Fri	Regular Season	Shaker High School	4:15 PM		Shen High School East Gym 1 (Main)		L
Oct 3, 2022	Mon	Regular Season	Niskayuna High School	4:15 PM		Shen High School East Gym 1 (Main)		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 7, 2022	Fri	Regular Season	Saratoga Springs High School	5:45 PM		Shen High School East Gym 1 (Main)		L
Oct 8, 2022	Sat	Regular Season	@ Penfield	8:30 AM		TBD		NL
Oct 12, 2022	Wed	Regular Season	Colonie High School	4:15 PM	5:35 PM	Shen High School East Gym 1 (Main)		L
Oct 15, 2022	Sat	Scrimmage (PENFIELD TOURNAMENT)	@ Penfield	4:00 PM		TBD		NL
Oct 15, 2022	Sat	Scrimmage	@ Cicero-North Syracuse	6:00 PM	8:00 PM	CNS HS-Lower Gym		NL
Oct 19, 2022	Wed	Regular Season	Schenectady High School	4:15 PM	5:35 PM	Shen High School East Gym 1 (Main)		L
Oct 21, 2022	Fri	Regular Season	Columbia High School	4:15 PM	5:35 PM	Shen High School East Gym 1 (Main)		L
Oct 22, 2022	Sat	Meet (SSC End of Season Tournament)	Vs. Multiple	9:00 AM	2:55 PM	BH-BL HS Gym		NL
Oct 24, 2022	Mon	Regular Season	Guilderland High School	5:45 PM	7:45 PM	Shen High School East Gym 1 (Main)		L
Oct 29, 2022	Sat	Meet (BOYS JV/VARSITY TOURNAMENT)	Vs. Multiple	8:45 AM		High School Gym B		NL

Date: 2025-12-05