



Shenendehowa High School

(B) V Swimming/Diving

Coaches:

- Chuck Dunham

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|--------------------------------|----------------|---------------------|
| Nov 23, 2022 | Wed | Regular Season (Intersquad Scrimmage) | TBD | 4:30 PM | | Shen Aquatic Center | | L |
| Dec 1, 2022 | Thu | Regular Season | Queensbury | 4:00 PM | | Shen Aquatic Center | | NL |
| Dec 6, 2022 | Tue | Regular Season | @ Niskayuna High School | 4:30 PM | 5:55 PM | Niskayuna High School | | L |
| Dec 13, 2022 | Tue | Regular Season 107-79 W | Saratoga Springs High School | 4:30 PM | 5:55 PM | Shen Aquatic Center | | L |
| Dec 17, 2022 | Sat | Regular Season (SHEN HOLIDAY INVITATIONAL) | Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Colonie High School (Schenectady-Colonie), Burnt Hills-Ballston Lake HS, Niskayuna High School, Ballston Spa High School, New Hartford, Shaker High School, Saratoga Springs High School | 9:00 AM | | Shen Aquatic Center | | L |
| Dec 20, 2022 | Tue | Regular Season | Bethlehem High School | 4:30 PM | 5:55 PM | Shen Aquatic Center | | L |
| Jan 4, 2023 | Wed | Regular Season 91-70 W | @ Shaker High School | 4:30 PM | 5:55 PM | Shaker High School Pool | | L |
| Jan 6, 2023 | Fri | Regular Season (WATKINS GLEN INVY) | @ TBD | 9:00 AM | | TBD | | L |
| Jan 6, 2023 | Fri | Regular Season (WG Invitational - Swim @4:30 PM) | Lansing, Fairport, Marcus Whitman, Susquehanna Valley, Chenango Valley, Corning-Painted Post, Southern Cayuga, Horseheads, Ithaca @ Watkins Glen (Storm) | 4:30 PM | | W G Pool | | L |
| Jan 7, 2023 | Sat | Regular Season (WATKINS GLEN INVY) | @ TBD | 9:00 AM | | TBD | | L |
| Jan 7, 2023 | Sat | Regular Season (WG Invitational - Dive @ 10 am & Swim @ 2 pm) | Lansing, Fairport, Marcus Whitman, Susquehanna Valley, Chenango Valley, Corning-Painted Post, Horseheads, Southern Cayuga, Ithaca, TBD @ Watkins Glen (Storm) | 10:00 AM | | W G Pool | | L |
| Jan 10, 2023 | Tue | Regular Season 99-84 W | @ Guilderland High School (Guilderville) | 4:30 PM | 5:55 PM | Voorheesville High School Pool | | L |
| Jan 17, 2023 | Tue | Regular Season 103-77 W | @ Albany High School | 4:30 PM | | Albany High School Pool | | NL |
| Jan 24, 2023 | Tue | Regular Season | Burnt Hills-Ballston Lake HS | 4:30 PM | | Shen Aquatic Center | | NL |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------------|---|------------|----------|-------------------------------|----------------|---------------------|
| Feb 2, 2023 | Thu | Regular Season | Mohonasen | 4:30 PM | | Shen Aquatic Center | | L |
| Feb 4, 2023 | Sat | Regular Season (DIVE MEET) | @ Mohonasen | 9:00 AM | | TBD | | L |
| Feb 7, 2023 | Tue | Regular Season | @ Schenectady High School (Schenectady/Colonie Boys Varsity Swimming) | 4:30 PM | | Pat Riley Sports Center- Pool | | NL |
| Feb 7, 2023 | Tue | Regular Season | @ Colonie High School (Schenectady-Colonie) | 4:30 PM | 5:55 PM | Pat Riley Sports Center | | L |
| Feb 9, 2023 | Thu | Regular Season | Glens Falls | 4:30 PM | | Shen Aquatic Center | | L |
| Feb 16, 2023 | Thu | Post-Season ((DIVING SECTIONALS)) | Albany High School | 4:00 PM | | Shen Aquatic Center | | NL |
| Feb 16, 2023 | Thu | Regular Season (Dive Sectionals) | Hudson Falls (Hudson Falls/So. Glens Falls) | 4:00 PM | | Shen Aquatic Center | | NL |
| Feb 16, 2023 | Thu | Regular Season (Sectionals (Diving)) | Albany High School, Saratoga Springs High School | 4:00 PM | | Shen Aquatic Center | | L |
| Feb 17, 2023 | Fri | Regular Season (Swim Sectionals) | Hudson Falls (Hudson Falls/So. Glens Falls) | 10:00 AM | | Shen Aquatic Center | | NL |
| Feb 17, 2023 | Fri | Regular Season (SECTIONALS) | Saratoga Springs High School | 10:00 AM | | Shen Aquatic Center | | L |
| Feb 17, 2023 | Fri | Post-Season (Section 2 Championships) | Albany High School | 2:00 PM | 6:30 PM | Shen Aquatic Center | | NL |
| Feb 18, 2023 | Sat | Regular Season (Swim Finials) | Hudson Falls (Hudson Falls/So. Glens Falls) | 10:00 AM | | Shen Aquatic Center | | NL |
| Feb 18, 2023 | Sat | Regular Season (SECTIONALS) | Saratoga Springs High School | 10:00 AM | | Shen Aquatic Center | | L |
| Feb 18, 2023 | Sat | Post-Season (Section 2 Championships) | Albany High School | 2:00 PM | 6:30 PM | Shen Aquatic Center | | NL |

Date: 2025-12-19