



Shenendehowa High School

(G) V Swimming/Diving

Coaches:

- Alyssa DiFabio

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2024	Wed	Regular Season 75-61 W	@ Albany High School	4:30 PM	5:55 PM	Albany High School Pool		L
Sep 18, 2024	Wed	Regular Season	Schenectady High School (Schenectady/Colonie)	4:30 PM	5:55 PM	Shen Aquatic Center		L
Sep 20, 2024	Fri	Regular Season (Watkins Glen Swim Invy)	@ TBD	9:00 AM		TBD		NL
Sep 21, 2024	Sat	Regular Season (Watkins Glen Swim Invy)	@ TBD	9:00 AM		TBD		NL
Sep 27, 2024	Fri	Regular Season	Ballston Spa High School	4:30 PM	5:55 PM	Shen Aquatic Center		L
Oct 2, 2024	Wed	Regular Season	@ Bethlehem High School	4:30 PM	5:55 PM	High School		L
Oct 4, 2024	Fri	Regular Season (Shen Invite)	Horseheads	9:00 AM		Shen Aquatic Center		NL
Oct 5, 2024	Sat	Regular Season (Shen Breast Cancer Invitational)	Albany High School, Ballston Spa High School, Niskayuna High School, Shaker High School, Schenectady High School (Schenectady/Colonie), Burnt Hills-Ballston Lake HS, Horseheads, Saratoga Springs High School	9:00 AM		Shen Aquatic Center		NL
Oct 9, 2024	Wed	Regular Season (** meet being held at Shen **) 108-78 W	@ Saratoga Springs High School	4:30 PM	5:55 PM	Shen Aquatic Center		L
Oct 15, 2024	Tue	Regular Season	Shaker High School	4:30 PM	5:55 PM	Shen Aquatic Center		L
Oct 18, 2024	Fri	Regular Season	@ Niskayuna High School	4:30 PM	5:55 PM	Niskayuna High School		L
Oct 19, 2024	Sat	Meet (Ballston Spa Dive Invitational)	Vs. Multiple	9:00 AM		Ballston Spa High School pool		NL
Oct 23, 2024	Wed	Regular Season	Guilderland High School (Guilderville)	4:30 PM	5:55 PM	Shen Aquatic Center		L
Nov 7, 2024	Thu	Post-Season (SECTIONALS)	TBD	3:00 PM		Shen Aquatic Center		L
Nov 8, 2024	Fri	Post-Season (SECTIONALS)	TBD	9:00 AM		Shen Aquatic Center		L
Nov 9, 2024	Sat	Post-Season (SECTIONALS)	TBD	9:00 AM		Shen Aquatic Center		L

