



Shenendehowa High School

(G) V Swimming/Diving

Coaches:

- Alyssa DiFabio

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2021	Wed	Regular Season 91-79 W	@ Burnt Hills-Ballston Lake HS	4:30 PM	5:55 PM	BH-BL HS Pool		L
Sep 22, 2021	Wed	Regular Season	Ballston Spa High School	4:30 PM	5:55 PM	Shen Aquatic Center		L
Sep 25, 2021	Sat	Regular Season (Dive Invitational)	Ballston Spa High School, Niskayuna High School @ Saratoga Springs High School	9:00 AM		Skidmore		NL
Sep 27, 2021	Mon	Regular Season 56-35 W	@ Troy (Troy/Averill Park/Columbia)	4:30 PM	5:55 PM	High School		L
Oct 1, 2021	Fri	Regular Season	Niskayuna High School	4:30 PM	5:55 PM	Shen Aquatic Center		L
Oct 6, 2021	Wed	Regular Season	@ Saratoga Springs High School	4:30 PM	5:55 PM	Skidmore		L
Oct 8, 2021	Fri	Regular Season (Shenendehowa Breast Cancer Invitational - WARM UP/PRACTICE DAY)	Horseheads	9:00 AM		Shen Aquatic Center		NL
Oct 9, 2021	Sat	Regular Season (SHEN INVITATIONAL)	Albany High School, Niskayuna High School, Guilderland High School (Guilderville), Shaker High School, Ballston Spa High School, Saratoga Springs High School, Burnt Hills-Ballston Lake HS	9:00 AM	11:00 AM	Shen Aquatic Center		L
Oct 9, 2021	Sat	Regular Season (Shenendehowa Breast Cancer Invitational)	Horseheads	9:00 AM		Shen Aquatic Center		NL
Oct 13, 2021	Wed	Regular Season	@ Bethlehem High School	4:30 PM	5:55 PM	High School		L
Oct 18, 2021	Mon	Regular Season	Shaker High School	4:30 PM	5:55 PM	Shen Aquatic Center		L
Oct 21, 2021	Thu	Regular Season	Guilderland High School (Guilderville)	4:30 PM	5:55 PM	Shen Aquatic Center		L
Oct 23, 2021	Sat	Meet (Ballston Spa Dive Invitational)	Vs. Multiple	9:00 AM		Ballston Spa High School Gym		NL
Nov 4, 2021	Thu	Post-Season (SECTIONALS)	Niskayuna High School, Shaker High School, Saratoga Springs High School	9:00 AM		Shen Aquatic Center		L
Nov 4, 2021	Thu	Post-Season (Section 2 Individuals)	Hudson Falls (Hudson Falls/So. Glens Falls)	2:00 PM		Shen Aquatic Center		L

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Nov 5, 2021	Fri	Post-Season (SECTIONALS)	Niskayuna High School, Shaker High School, Schenectady High School (Schenectady/Colonie), Saratoga Springs High School	9:00 AM		Shen Aquatic Center		L
Nov 5, 2021	Fri	Post-Season (Sectionals)	Hudson Falls (Hudson Falls/So. Glens Falls)	4:00 PM		Shen Aquatic Center		L
Nov 6, 2021	Sat	Post-Season (SECTIONALS)	Niskayuna High School, Shaker High School, Saratoga Springs High School	9:00 AM		Shen Aquatic Center		L
Nov 19, 2021	Fri	Regular Season (STATE CHAMPIONSHIPS)	@ TBD	9:00 AM		TBD		L

Date: 2026-03-05