

Coaches:

- Michael Silvignoli
- Connor Chatterton

DATE	WEEK DAY	TYPE	OPPONENTS	START EI	ND IME LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 20, 2023	Thu	Regular Season	Colonie High School, Burnt Hills-Ballston Lake HS	4:15 AM	Shen High School East Stadium (Track)		NL
Apr 27, 2023	Thu	Regular Season	@ Ballston Spa High School	4:15 PM	Ballston Spa Track		L
May 4, 2023	Thu	Regular Season	Averill Park High School @ Niskayuna High School (Modified)	4:15 PM	Shenendehowa High School		NL
May 11, 2023	Thu	Regular Season	Guilderland High School @ Bethlehem High School	4:15 PM	High School Track		NL
May 18, 2023	Thu	Meet (SSC Culminating Meet)	Vs. Multiple	4:15 PM	Shen High School East Stadium (Track)		NL

Date: 2024-05-18