

## Coaches:

• Jason Burlingame

Apr 9, 2025         Wed         Regular Season         © Gulderland High         4:15 of School         GL         CANCELLED Apr 17; 2025         Fri         Regular Season (New Orth Pyork Relays)         GTBD         9.00 orth Relays         Isanh Stadium         L           CANCELLED Apr 12, 2025         Sal         Regular Season (New Orth Relays)         © TBD         9.00 orth Relays         Isanh Stadium         L           Apr 14, 2025         Mon         Regular Season         School@ Ballston Spa Track         TBD         School East Track         L           Apr 21, 2025         Mon         Regular Season         Sarataga Springs High School         PM         PM         School East School Cast Stadium         L           Apr 25, 2025         Fri         Regular Season Penn Relays 4/25 (2000)         @ TBD         9.00 orth TBD         TBD         TBD         L           Apr 26, 2025         Sat         Regular Season Relays (4/25) orth Re	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
11, 2025	Apr 9, 2025	Wed	Regular Season				GHS Track		L
12, 2025 Sat York Relays) (2016) AM Iclaim Statioum L Apr 14, 2025 Mon Regular Season (Thrower's Meet) Shadel Ballston Spa Track Apr 21, 2025 Mon Regular Season Spatigh School Ballston Spa High School Apr 21, 2025 Fri Regular Season (Penn Relays 4/25-4/26) (Penn Regular Season (Kingston Relays) (Penn Regular Season (Pen		Fri		@ TBD			Icahn Stadium		L
Apr 14, 2025 Mon Regular Season (Thrower's Meet) School @ Ballston TBD Spa High School    Apr 21, 2025 Mon Regular Season Spa High School    Apr 22, 2025 Fri Regular Season (Penn Relays) 4/25    Apr 26, 2025 Sat Regular Season (Kingston Relays)    Apr 30, 2025 Wed Regular Season (Kingston Relays)    May 7, 2025 Fri Regular Season (Crusader Relays)    May 9, 2025 Fri Regular Season (Shaker High School PM Stadium (Track)    Apr 30, 2025 Fri Regular Season (Crusader Relays)    May 9, 2025 Fri Regular Season (Shaker High School PM Stadium (Track)    Apr 30, 2025 Fri Regular Season (Crusader Relays)    May 9, 2025 Fri Regular Season (Shaker High School PM Stadium (Track)    CANCELLED May 9, 2025 Fri Regular Season (Shen Invy)    May 9, 2025 Fri Regular		Sat		@ TBD			Icahn Stadium		L
Apr 21, 2025 Mon Regular Season Saratoga Springs High School PM PM Stadium (Track)  Apr 25, 2025 Fri Regular Season (Penn Relays 4/25-4/26)  Apr 26, 2025 Sat Regular Season (Kingston Relays)  Apr 30, 2025 Wed Regular Season (Crusader Relays)  May 2, 2025 Fri Regular Season (Crusader Relays)  May 9, 2025 Fri Regular Season (Shen Invy)  May 9, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  Fri Regular Season (Shen Invy)  Apr 20, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  Apr 20, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  Apr 20, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  Apr 20, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  Apr 20, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  Apr 20, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  Apr 20, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  Apr 20, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  Apr 20, 2025 Fri Regular Season (The Futures Invy - School Gental High School, Olonie High Schoo	Apr 14, 2025	Mon		School @ Ballston	TBD		•		L
Apr 25, 2025 Fri (Penn Relays 4/25- 4/26)  Apr 26, 2025 Sat (Ringston Relays) (Penn Relays 4/25- 4/26)  Apr 30, 2025 Wed Regular Season (Kingston Relays) (Penn Relays) (P	Apr 21, 2025	Mon	Regular Season				School East Stadium		L
Apr 20, 2025 Sal (Kingston Relays) Sharp High School East School East School East PM Stadium (Track)  May 2, 2025 Fri Regular Season (Crusader Relays) Moodbury PM Stadium (Track)  May 7, 2025 Wed Regular Season Springer PM School East School East PM Stadium (Track)  May 9, 2025 Fri Regular Season (Shen Invy) TBD 4:30 School East Stadium (Track)  May 9, 2025 Fri Regular Season School East Stadium (Track)  May 9, 2025 Fri Regular Season Green Tech High 4:30 TRD NII	Apr 25, 2025	Fri	(Penn Relays 4/25-	@ TBD			TBD		L
Apr 30, 2025       Wed Negular Season       Shaker High School       4:15 PM       6:55 School East School East Stadium (Track)       L         May 2, 2025       Fri       Regular Season (Crusader Relays)       @ Monroe-Woodbury       3:00 PM       Monroe-Woodbury HS       L         May 7, 2025       Wed       Regular Season (Crusader Relays)       Albany High School PM       4:15 PM       6:55 PM       PM       PM       PM       Field       L         May 9, 2025       Fri       Regular Season (Shen Invy)       TBD       4:30 School East Stadium (Track)       School East Stadium (Track)       NL         CANCELLED May 9, 2025       Fri       Regular Season (The Futures Invy - Frosh/Soph only)       @ Mohonasen Phigh School PM       High School       E         May 9, 2025       Fri       Regular Season (Shen Invy)       Christian Brothers Academy, Albany, Scotla-Glenville, Ballston Spa High School, Albany High School, Niskaynua High School, Niskaynua High School, Ballston Lake HS, Shaker High School Ballston Lake HS, Shaker High School East Stadium (Track)       Shen High School East Stadium (Track)       L         May 9, 2025       Fri       Regular Season (Shen Invy)       Amsterdam       4:30 School East Stadium (Track)       NL	Apr 26, 2025	Sat		@ Kingston			Dietz Stadium		L
May 9, 2025 Fri Regular Season (Shen Invy)  May 9, 2025 Fri Regular Season (Shen Invy)  May 9, 2025 Fri Regular Season (Shen Invy)  May 9, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  May 9, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  May 9, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  May 9, 2025 Fri Regular Season (The Ballston Spa High School, Colonie High School, Colonie High School, Colonie High School, Burnt Hills-Ballston Spa High School Bast Scho	Apr 30, 2025	Wed	Regular Season				School East Stadium		L
May 9, 2025 Fri Regular Season (Chen Invy)  Regular Season (Shen Invy)  Regular Season (Shen Invy)  Regular Season (Shen Invy)  Regular Season (The Futures Invy - Frosh/Soph only)  CANCELLED May 9, 2025  Fri Regular Season (The Futures Invy - Frosh/Soph only)  Christian Brothers Academy, Albany, Scotia-Glenville, Ballston Spa High School, Colonie High School, Albany High School (Shen Invy)  Regular Season (Shen Invy)  Christian Brothers Academy, Albany, Scotia-Glenville, Ballston Spa High School, Colonie High School, Roys Varsity Track), Niskayuna High School (Boys Varsity Track), Niskayuna High School, School East School	May 2, 2025	Fri		_					L
May 9, 2025 Fri Regular Season (Shen Invy)  Regular Season (The Futures Invy - Frosh/Soph only)  Regular Season (The Futures Invy - Frosh/Soph only)  CANCELLED May 9, 2025 Fri Regular Season (The Futures Invy - Frosh/Soph only)  Regular Season (The Futures Invy - Frosh/Soph only)  Christian Brothers Academy, Albany, Scotia-Glenville, Ballston Spa High School, Colonie High School, Albany High School, Albany High School, School (Boys Varsity Track), Niskayuna High School, Burnt Hills-Ballston Lake HS, Shaker High School (Shen Invy)  May 9, 2025 Fri Regular Season (Shen Invy)  Regular Season Green Tech High 4:30  Regular Season Green Tech High 4:30  TRD  NL  NL  NL  NL  NL  NL  NL  NL  NL  N	May 7, 2025	Wed	Regular Season	@ Christian Brothers Academy,					L
PM High School  L  Christian Brothers Academy, Albany, Scotia-Glenville, Ballston Spa High School, Colonie High School, Albany High School (Shen Invy)  May 9, 2025  Fri Regular Season (Shen Invy)  May 9, 2025  Fri Regular Season (Shen Invy)  May 9, 2025  Fri Regular Season (Shen Invy)  Amsterdam  Amsterdam  Amsterdam  Amsterdam  Augus 2025  Fri Regular Season (Shen Invy)  Amsterdam	May 9, 2025	Fri		TBD			School East Stadium		NL
Academy, Albany, Scotia-Glenville, Ballston Spa High School, Colonie High School, Albany High School, Albany High School East School East School (Boys Varsity Track), Niskayuna High School, Burnt Hills-Ballston Lake HS, Shaker High School  May 9, 2025 Fri Regular Season (Shen Invy)  Amsterdam  Academy, Albany, Scotia-Glenville, Ballston Spa High School, 4:00 School East Stadium (Track)  School Burnt Hills-Ballston Lake HS, Shaker High School  School East Stadium (Track)  NL  May 9, 2025 Fri Regular Season Green Tech High 4:30 TRD	CANCELLED May 9, 2025	Fri	Futures Invy -	@ Mohonasen					L
May 9, 2025 Fri Regular Season (Shen Invy) Amsterdam 4:30 School East NL Stadium (Track)  May 9, 2025 Fri Regular Season Green Tech High 4:30 TBD NI	May 9, 2025	Fri		Academy, Albany, Scotia-Glenville, Ballston Spa High School, Colonie High School, Albany High School, Schenectady High School (Boys Varsity Track), Niskayuna High School, Burnt Hills- Ballston Lake HS, Shaker High			School East Stadium (Track)		L
	May 9, 2025	Fri		Amsterdam			School East Stadium		NL
	May 9, 2025	Fri					TBD		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 12, 2025	Mon	Regular Season	Colonie High School @ Schenectady High School (Boys Varsity Track)	4:15 PM	6:55 PM	Larry Mulvaney Field		L
May 17, 2025	Sat	Regular Season (Eddy Meet)	Christian Brothers Academy, Albany, Shaker High School, Burnt Hills- Ballston Lake HS, Amsterdam, Ballston Spa High School @ Schenectady High School (Boys Varsity Track)	8:00 AM	7:55 PM	Schenectady High School Track & Field		NL
May 21, 2025	Wed	Meet (SSC Championships)	Vs. Multiple	4:30 PM	7:55 PM	Mont Pleasant Middle School Field		NL
May 28, 2025	Wed	Regular Season (Group 1 Co-Ed Track Sectionals)	Christian Brothers Academy, Albany, Saratoga Springs High School, Niskayuna High School @ Colonie High School	4:00 PM		Colonie High Track		L
Jun 5, 2025	Thu	Post-Season (Varsity State Qualifiers )	Salem (Cambridge- Salem)	4:00 PM		Shen High School East Stadium (Track)		NL
Jun 5, 2025	Thu	Post-Season (State Qualifiers )	Christian Brothers Academy, Albany, Saratoga Springs High School, Watervliet, Lake George, Niskayuna High School, Shaker High School	4:00 PM		Shen High School East Stadium (Track)		L
Jun 5, 2025	Thu	Regular Season (State Qualifiers)	Schuylerville	4:00 PM		Shen High School East Stadium (Track)		L
Jun 6, 2025	Fri	Regular Season (State Qualifiers)	Schuylerville	4:00 PM		Shen High School East Stadium (Track)		L
Jun 6, 2025	Fri	Post-Season (State Qualifiers )	Christian Brothers Academy, Albany, Saratoga Springs High School, Watervliet, Lake George, Niskayuna High School, Shaker High School	4:00 PM	8:00 PM	Shen High School East Stadium (Track)		L
Jun 6, 2025	Fri	Post-Season (State qualifier )	Salem (Cambridge- Salem)	4:00 PM		Shen High School East Stadium (Track)		NL
Jun 13, 2025	Fri	Post-Season (State Championships)	@ TBD	9:00 AM		Middletown High School		L
Jun 14, 2025	Sat	Regular Season (STATE CHAMPIONSHIPS)	@ TBD	9:00 AM		Middletown High School		L

DATE	WEEK DAY		OPPONENTS	START TIME	END TIME LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jun 19, 2025	/Notic	Season nal pionships 6/19-	@ TBD	9:00 AM	TBD		L

Date: 2025-12-05