

DATE	WEE	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 10, 2024	Tue	Regular Season	Averill Park High School, Niskayuna High School, Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Sep 17, 2024	Tue	Regular Season	Schenectady High School, Colonie High School @ Columbia High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
Sep 24, 2024	Tue	Regular Season	@ Christian Brothers Academy, Albany	4:15 PM	5:55 PM	The Crossings of Colonie		L
Oct 1, 2024	Tue	Regular Season	Ballston Spa High School, Bethlehem High School @ Shaker High School	4:15 PM	5:55 PM	The Crossings		L
Oct 8, 2024	Tue	Regular Season	Guilderland High School, Albany High School @ Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL

Date: 2024-05-21