



Shenendehowa High School

(B) V Cross Country

Coaches:

- Robert Cloutier

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Regular Season 1-1-1-0 L	Christian Brothers Academy, Albany, Troy @ Shaker High School	4:15 PM	5:55 PM	The Crossings		L
Sep 14, 2022	Wed	Regular Season	Albany High School, Bethlehem High School	4:15 PM	5:55 PM	Shen Cross Country Trail		L
Sep 20, 2022	Tue	Regular Season	Columbia High School, Averill Park High School @ Colonie High School	4:15 PM	5:55 PM	The Crossings of Colonie		L
Sep 27, 2022	Tue	Regular Season	Schenectady High School, Niskayuna High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 1, 2022	Sat	Regular Season (Grout Invy)	@ TBD	9:00 AM		Central Park, Schenectady		L
Oct 11, 2022	Tue	Regular Season	Ballston Spa High School, Saratoga Springs High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invy)	Saratoga Springs High School, Niskayuna High School, Schenectady High School, South Glens Falls, Granville (Granville-Whitehall-Hartford), Oneonta, Schuylerville, Shaker High School, Guilderland High School, Ballston Spa High School, Queensbury, Colonie High School, Albany High School @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		L
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL
Nov 5, 2022	Sat	Regular Season (SECTIONALS)	@ TBD	9:00 AM		Queensbury High School		L
Nov 12, 2022	Sat	Regular Season (STATE CHAMPIONSHIPS)	@ TBD	TBD		Vernon Verona Sherrill High School		L

Date: 2025-12-19