



# Shenendehowa High School

## (G) V Cross Country

### Coaches:

- Robert Cloutier

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	Averill Park High School, Niskayuna High School, Burnt Hills-Ballston Lake HS	5:15 PM	6:55 PM	Shen Cross Country Trail		L
Sep 14, 2024	Sat	Regular Season (Queensbury Invy)	Lake George, Remsen (Remsen/Town of Webb), Roy C Ketcham/Wappingers JHS, Schenectady High School, Schuylerville, Saratoga Springs High School, Maple Hill, Greenville, Shaker High School, Delaware Academy, Adirondack, Gloversville, Broadalbin-Perth, South Lewis, Scotia-Glenville, Vernon-Verona-Sherrill, Ballston Spa High School, Ballston Spa High School, Waterville, Auburn, Colonie High School, Beaver River, Oneida @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 17, 2024	Tue	Regular Season	Schenectady High School, Colonie High School @ Columbia High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational)	@ TBD	9:00 AM		Genessee Valley Park		L
Oct 1, 2024	Tue	Regular Season	Ballston Spa High School, Bethlehem High School @ Shaker High School	4:15 PM	5:55 PM	Colonie Mohawk River Town Park		L
Oct 8, 2024	Tue	Regular Season	Guilderland High School, Albany High School @ Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga Spa State Park		L

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Oct 12, 2024	Sat	Regular Season	Lake George, Niskayuna High School, Shaker High School, Ballston Spa High School, Colonie High School @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		NL
Oct 19, 2024	Sat	Regular Season (Section 1 Coaches Invy)	@ TBD	9:00 AM		Bowdoin Park		L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	12:30 PM		Saratoga Spa State Park		NL
Nov 9, 2024	Sat	Regular Season (SECTION 2 CHAMPIONSHIPS)	@ TBD	9:00 AM		Queensbury High School		L
Nov 16, 2024	Sat	Regular Season (STATE CHAMPIONSHIPS)	@ TBD	9:00 AM		Queensbury High School		L
Nov 23, 2024	Sat	Regular Season (FEDERATION STATE CHAMPIONSHIPS)	@ TBD	9:00 AM		Bowdoin Park		L
Dec 7, 2024	Sat	Regular Season (NIKE NATIONAL CHAMPS PORTLAND, OR)	@ TBD	9:00 AM		TBD		L

Date: 2025-03-23