



Saratoga Springs High School

(B) UNIFIED Basketball

Coaches:

- Kelsey Allen, Head Coach
- Colleen Belanger

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 30, 2026	Mon	Practice (1st Practice)	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Mar 31, 2026	Tue	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Apr 1, 2026	Wed	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Apr 13, 2026	Mon	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Apr 14, 2026	Tue	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Apr 16, 2026	Thu	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Apr 20, 2026	Mon	Practice	N/A	5:30 PM		Skidmore		
Apr 21, 2026	Tue	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Apr 23, 2026	Thu	Regular Season	Burnt Hills-Ballston Lake HS	1:00 PM	2:00 PM	SSHS BLUE GYM		L
Apr 27, 2026	Mon	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Apr 28, 2026	Tue	Regular Season	Bethlehem High School	4:15 PM	5:45 PM	SSHS BLUE GYM		L
Apr 30, 2026	Thu	Regular Season	Ballston Spa High School	4:15 PM	5:45 PM	SSHS BLUE GYM		L
May 4, 2026	Mon	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
May 5, 2026	Tue	Regular Season	@ Colonie High School	4:15 PM		Colonie High School MUG (Main Gymnasium)	Departure Time: 2:30 PM	L
May 7, 2026	Thu	Regular Season	@ Niskayuna High School	4:15 PM		Niskayuna High School	Departure Time: 2:30 PM	L
May 11, 2026	Mon	Regular Season	@ Burnt Hills-Ballston Lake HS	1:00 PM	2:00 PM	BH-BL HS Gym	Departure Time: 12:15 PM	L
May 12, 2026	Tue	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
May 14, 2026	Thu	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
May 14, 2026	Thu	Regular Season	@ Burnt Hills-Ballston Lake HS	4:30 PM	6:00 PM	BH-BL HS Gym	Departure Time: 2:45 PM	NL
May 18, 2026	Mon	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
May 18, 2026	Mon	Post-Season (Finals at MVP May 18-21 TBA)	@ TBD	TBD		MVP Arena		NL
May 19, 2026	Tue	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
May 20, 2026	Wed	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		

Date: 2026-05-12

