

Coaches:

- Kelsey Allen, Head Coach
- Colleen Belanger

								LEAGUE /
DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	TIME	LOCATION	TRANSPORTATION	
Apr 4, 2023	Tue	Practice	N/A	2:45 PM	3:30 PM	SSHS BLUE GYM		
Apr 18, 2023	Tue	Practice	N/A	2:45 PM	4:15 PM	SSHS BLUE GYM		
Apr 20, 2023	Thu	Practice	N/A	2:45 PM	4:15 PM	SSHS BLUE GYM		
Apr 25, 2023	Tue	Practice	N/A	2:45 PM	4:15 PM	SSHS BLUE GYM		
Apr 27, 2023	Thu	Practice	N/A	2:45 PM	4:15 PM	SSHS BLUE GYM		
May 2, 2023	Tue	Practice	N/A	2:45 PM	4:15 PM	SSHS BLUE GYM		
May 4, 2023	Thu	Regular Season	Shenendehowa High School	4:15 PM		SSHS BLUE GYM		L
May 9, 2023	Tue	Regular Season	@ Burnt Hills- Ballston Lake HS	4:15 PM		BH-BL HS Gym	Departure Point: High School Departure Time: 3:00 PM	L
May 11, 2023	Thu	Regular Season	Shaker High School	4:15 PM	6:15 PM	SSHS BLUE GYM		L
May 15, 2023	Mon	Regular Season	Colonie High School	4:15 PM	6:15 PM	SSHS BLUE GYM		L
May 16, 2023	Tue	Regular Season	Averill Park High School	4:15 PM	6:15 PM	SSHS BLUE GYM		L
May 18, 2023	Thu	Regular Season	@ Shenendehowa High School	4:15 PM		Shen High School East Gym 1 (Main)	Departure Point: High School Departure Time: 3:00 PM	L
May 23, 2023	Tue	Regular Season	@ Bethlehem High School	4:15 PM		High School Gym B		L
CANCELLED May 25, 2023	Thu	Regular Season (Culminating Event)	@ TBD	TBD		TBD		L
May 30, 2023	Tue	Post-Season (Culminating Event)	Colonie High School	4:15 PM		SSHS BLUE GYM		L

Date: 2025-12-15