



Saratoga Springs High School

(B) V Skiing (Alpine)

Coaches:

- Jennifer Allen, Head Coach
- Colleen Belanger, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2023	Tue	Practice (Dryland)	N/A	3:00 PM	4:30 PM	TBD		
Nov 21, 2023	Tue	Practice (Dryland)	N/A	3:00 PM	4:30 PM	TBD		
Nov 28, 2023	Tue	Practice (Dryland)	N/A	3:00 PM	4:00 PM	TBD		
Nov 30, 2023	Thu	Practice (Dryland)	N/A	3:00 PM	4:30 PM	TBD		
Dec 7, 2023	Thu	Practice (Dryland)	N/A	3:00 PM	4:30 PM	TBD		
Dec 14, 2023	Thu	Practice (Dryland)	N/A	3:00 PM	4:30 PM	TBD		
Dec 19, 2023	Tue	Practice (Dryland)	N/A	3:00 PM	4:30 PM	TBD		
Jan 2, 2024	Tue	Practice (Training GS)	N/A	4:00 PM	6:00 PM	West Mountain Ski		
Jan 3, 2024	Wed	Practice (Training GS)	N/A	4:00 PM	6:00 PM	West Mountain Ski	Departure Time: 2:45 PM	
Jan 8, 2024	Mon	Practice (Training SL)	N/A	4:00 PM	6:00 PM	West Mountain Ski	Departure Time: 2:45 PM	
Jan 9, 2024	Tue	Practice (Training GS)	N/A	4:00 PM	6:00 PM	West Mountain Ski	Departure Time: 2:45 PM	
Jan 10, 2024	Wed	Practice (Training SL)	N/A	4:00 PM	6:00 PM	West Mountain Ski	Departure Time: 2:45 PM	
Jan 15, 2024	Mon	Regular Season (GS Race)	TBD	9:00 AM		Gore Mountain	Departure Point: High School	L
Jan 16, 2024	Tue	Practice (Training GS)	N/A	4:00 PM	6:00 PM	West Mountain Ski	Departure Time: 2:45 PM	
Jan 17, 2024	Wed	Regular Season (Glens Falls Invy)	Schuylerville (Schuylerville/Greenwich Alpine) @ Glens Falls (Coed Alpine)	5:00 PM		West Mountain Ski Resort	Departure Time: 2:45 PM	L
Jan 22, 2024	Mon	Regular Season (Niskayuna Invitational)	Ballston Spa High School (Alpine) @ Niskayuna High School (Alpine)	5:00 PM		Willard Mountain	Departure Time: 2:45 PM	L
Jan 23, 2024	Tue	Practice (Training GS)	N/A	4:00 PM	6:00 PM	West Mountain Ski	Departure Time: 2:45 PM	
Jan 29, 2024	Mon	Practice (Training SL)	N/A	4:00 PM	6:00 PM	West Mountain Ski	Departure Time: 2:45 PM	
Jan 30, 2024	Tue	Practice (Training GS)	N/A	4:00 PM	6:00 PM	West Mountain Ski	Departure Time: 2:45 PM	
Jan 31, 2024	Wed	Practice (Training SL)	N/A	4:00 PM	6:00 PM	West Mountain Ski	Departure Time: 2:45 PM	

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Jan 31, 2024	Wed	Regular Season (Saratoga Invitational)	Ballston Spa High School (Alpine), Niskayuna High School (Alpine)	5:00 PM		West Mountain	Departure Point: High School	L
Jan 31, 2024	Wed	Regular Season	Schuylerville (Schuylerville/Greenwich Alpine)	5:00 PM		TBD		L
Feb 5, 2024	Mon	Regular Season (Stillwater Invy)	@ Stillwater (Alpine)	5:00 PM		Willard Mountain	Departure Point: High School Departure Time: 2:45 PM	L
Feb 6, 2024	Tue	Practice (Training GS)	N/A	4:00 PM	6:00 PM	West Mountain Ski	Departure Time: 2:45 PM	
Feb 7, 2024	Wed	Regular Season (QBY Invy)	@ Queensbury (Alpine)	5:00 PM		West Mountain	Departure Time: 2:45 PM	L
Feb 13, 2024	Tue	Regular Season (Sectionals)	TBD	9:30 AM		Gore Mountain	Departure Point: High School	L
Feb 26, 2024	Mon	Regular Season (States)	TBD	9:30 AM		Whiteface Mountain	Departure Point: High School	L
Feb 27, 2024	Tue	Regular Season (States)	TBD	9:30 AM		Whiteface Mountain	Departure Point: High School	L

Date: 2025-12-06