



Saratoga Springs High School

(G) JV Cheerleading (Fall)

Coaches:

- Ricardo Smith
- Robyn Rymanowski

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 28, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Aug 29, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Aug 30, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Aug 31, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Sep 11, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	TBD		
Sep 12, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	TBD		
Sep 13, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	TBD		
Sep 13, 2023	Wed	Regular Season	@ Ballston Spa High School (Fall)	5:00 PM		Stadium Field		L
Sep 14, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	TBD		
Sep 18, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	TBD		
Sep 19, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	TBD		
Sep 20, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	TBD		
Sep 21, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	TBD		
Sep 23, 2023	Sat	Regular Season	Guilderland High School (Fall)	10:00 AM		Saratoga Springs High School		L
Sep 25, 2023	Mon	Practice	N/A	4:30 PM	7:00 PM	TBD		
Sep 26, 2023	Tue	Practice	N/A	4:30 PM	7:00 PM	TBD		
Sep 27, 2023	Wed	Practice	N/A	4:30 PM	7:00 PM	TBD		
Sep 28, 2023	Thu	Practice	N/A	4:30 PM	7:00 PM	TBD		
Sep 30, 2023	Sat	Regular Season	@ Schenectady High School (Fall)	1:30 PM		Larry Mulvaney Field		L
Oct 2, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 3, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 4, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 5, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 5, 2023	Thu	Regular Season	Shaker High School (Fall)	6:00 PM		Saratoga Springs High School		L
Oct 9, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 10, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 11, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 12, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 16, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 17, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 18, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 19, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 23, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 24, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 25, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 30, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 31, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	TBD		
Nov 1, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	TBD		
Nov 2, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	TBD		

Date: 2025-12-06