



Saratoga Springs High School

(B) JV Wrestling

Coaches:

- Gage Simpson, Coach
- Jake Zanetti

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:15 PM	5:15 PM	Wrestling Room		
Nov 30, 2024	Sat	Scrimmage (CDWOA JV Scrimmage Tournament at SHEN)	TBD	10:15 AM	4:00 PM	TBD	Departure Time: 7:45 AM	L
Dec 4, 2024	Wed	Regular Season	Shaker High School	6:00 PM	8:55 PM	SSHS WHITE GYM		L
Dec 7, 2024	Sat	Regular Season (Burnt Hills JV Tournament)	Shenendehowa High School, Schenectady High School (JV Wrestling), Colonie High School, Albany High School, Hudson Falls, Warrensburg (Warrensburg/Lake George), Salem (Salem-Cambridge), Shaker High School @ Burnt Hills-Ballston Lake HS	10:00 AM	8:00 PM	BH-BL HS Gym		NL
Dec 12, 2024	Thu	Regular Season	@ Albany High School	6:00 PM	8:55 PM	Albany High School Gym A		L
Dec 14, 2024	Sat	Meet (Ballston Spa JV Wrestling Tournament)	Vs. Multiple	TBD		Ballston Spa High School Gym	Departure Time: 6:30 AM	NL
Dec 18, 2024	Wed	Regular Season	@ Schenectady High School (JV Wrestling)	6:00 PM	8:55 PM	Pat Riley Sports Center-Main Gym	Departure Time: 4:00 PM	L
Dec 21, 2024	Sat	Regular Season (Niskayuna JV Tournament)	Shenendehowa High School, Schenectady High School (JV Wrestling), Salem (Salem-Cambridge), Colonie High School, Ballston Spa High School, Shaker High School, Scotia-Glenville @ Niskayuna High School	10:00 AM		NHS NEW GYM	Departure Time: 6:45 AM	NL
Dec 23, 2024	Mon	Meet (SSC Play Day)	Vs. Multiple	9:00 AM	1:55 PM	Ballston Spa High School Gym		NL
Dec 27, 2024	Fri	Regular Season (Queensbury JV Tournament)	Shenendehowa High School, Schenectady High School (JV Wrestling), Warrensburg (Warrensburg/Lake George), Shaker High School @ Queensbury	10:00 PM		Queensbury HS, Blue Gym	Departure Time: 7:15 AM	NL
Jan 8, 2025	Wed	Regular Season	Colonie High School	6:00 PM	8:55 PM	SSHS WHITE GYM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 15, 2025	Wed	Regular Season	@ Shenendehowa High School	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)	Departure Time: 4:00 PM	L
Jan 16, 2025	Thu	Regular Season	Christian Brothers Academy, Albany	6:00 PM	8:55 PM	SSHS WHITE GYM		L
Jan 22, 2025	Wed	Regular Season	TBD	6:00 PM		SSHS WHITE GYM		L
Jan 25, 2025	Sat	Regular Season (Guilderland JV Tournament)	Shenendehowa High School, Burnt Hills-Ballston Lake HS, Amsterdam (Amsterdam), Schenectady High School (JV Wrestling), Colonie High School, Coxsackie-Athens, Hudson Falls, Ballston Spa High School, Maple Hill @ Guilderland High School	9:30 AM		Guilderland High School West (Big) Gym	Departure Time: 6:15 AM	NL
Jan 30, 2025	Thu	Regular Season	@ Averill Park High School	6:00 PM	8:55 PM	APHS Main Gymnasium		NL
Feb 1, 2025	Sat	Regular Season (Bethlehem JV Duals)	@ TBD	9:00 AM		TBD	Departure Time: 6:30 AM	NL

Date: 2025-12-05