



Saratoga Springs High School

(B) V Wrestling

Coaches:

- Jake Zanetti, Head Coach
- Brendan Polcare, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:15 PM	5:45 PM	Wrestling Room			
Nov 18, 2025	Tue	Practice	N/A	3:15 PM	5:45 PM	Wrestling Room			
Nov 19, 2025	Wed	Practice	N/A	3:15 PM	5:45 PM	Wrestling Room			
Nov 20, 2025	Thu	Practice	N/A	3:15 PM	5:45 PM	Wrestling Room			
Nov 21, 2025	Fri	Practice	N/A	3:15 PM	5:45 PM	Wrestling Room			
Nov 22, 2025	Sat	Practice (Weight Certification at Shen)	N/A	TBD		TBD	Bus/Driver: Saratoga Springs City School District		
Nov 24, 2025	Mon	Practice	N/A	3:30 PM	5:45 PM	Wrestling Room			
Nov 25, 2025	Tue	Practice	N/A	3:30 PM	5:45 PM	Wrestling Room			
Dec 3, 2025	Wed	Regular Season 19-50 L	@ Shaker High School	6:00 PM	8:55 PM	Shaker High School- F gym			L
Dec 6, 2025	Sat	Meet (Ballston Spa Varsity Wrestling Tournament)	Vs. Multiple	TBD		Ballston Spa High School Gym			NL
Dec 11, 2025	Thu	Regular Season	Albany High School	6:00 PM	8:55 PM	Saratoga Springs High School			L
Dec 17, 2025	Wed	Regular Season	Schenectady High School (Varsity Wrestling)	6:00 PM	8:55 PM	Saratoga Springs High School			L
Dec 20, 2025	Sat	Regular Season (Lee Van Slyke Memorial Duals)	TBD, Shenendehowa High School, Unatego (UVUF), Massapequa, Longwood @ Burnt Hills- Ballston Lake HS	8:00 AM	6:00 PM	BH-BL HS Gym			NL
Dec 29, 2025	Mon	Regular Season (Windsor Varsity Tournament 12/29, 12/30)	@ TBD	TBD		Albany County Hockey Training Facility			NL
Dec 30, 2025	Tue	Regular Season (Windsor Varsity Tournament 12/29, 12/30)	@ TBD	TBD		TBD			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 3, 2026	Sat	Regular Season (Saratoga Invitational 7:30am Weigh-Ins)	TBD, Ballston Spa High School, Queensbury, Windsor, Columbia High School, South Glens Falls, Averill Park High School, Norwich, Mohonasen, Shaker High School, Lansingburgh, Mahopac, Galway, Malone, Putnam Valley	9:00 AM		Saratoga Springs High School			NL
Jan 7, 2026	Wed	Regular Season	@ Colonie High School	6:00 PM	8:55 PM	Colonie High School PIT (Secondary Gymnasium)			L
Jan 9, 2026	Fri	Regular Season (Eastern State Classic at Impact Center)	@ TBD	TBD		Impact Athletic Center			NL
Jan 10, 2026	Sat	Regular Season (Eastern State Classic at Impact Center)	@ TBD	TBD		Impact Athletic Center			NL
Jan 14, 2026	Wed	Regular Season	@ Christian Brothers Academy, Albany	6:00 PM	8:55 PM	Ned McGraw Gymnasium			L
Jan 17, 2026	Sat	Regular Season (Schenectady Invitational)	Shenendehowa High School, Shaker High School, Niskayuna High School @ Schenectady High School (Varsity Wrestling)	7:30 AM	6:00 PM	Pat Riley Sports Center- Main Gym			NL
Jan 20, 2026	Tue	Regular Season (Section 2 Tournament - TBA)	TBD	TBD		SSHS BLUE GYM			NL
Jan 21, 2026	Wed	Regular Season	Shenendehowa High School	6:00 PM	8:55 PM	Saratoga Springs High School			L
Jan 23, 2026	Fri	Regular Season (Battle at the Burgh)	@ Lansingburgh	3:00 PM		Lansingburgh High School			L
Jan 24, 2026	Sat	Regular Season (Battle at the Burgh)	@ Lansingburgh	9:30 AM		Lansingburgh High School			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 28, 2026	Wed	Regular Season (Crossover Match - 5:00 Weigh-In)	TBD	6:00 PM		SSHS WHITE GYM			L
Jan 29, 2026	Thu	Regular Season (Crossover Match - 5:00 Weigh-In)	@ TBD	TBD		TBD			L
Jan 31, 2026	Sat	Post-Season (NYSPHSAA DUAL MEET Championships at Onondaga CC TBA)	@ TBD	TBD		Onondaga Community College - SRC Arena			NL
Feb 7, 2026	Sat	Post-Season (Class A Tournament at Shaker - TBA)	@ TBD	TBD		Albany County Hockey Training Facility			NL
Feb 14, 2026	Sat	Post-Season (Section 2 Tournament - MHM Arena (GFCC))	@ TBD	TBD		TBD			NL
Feb 27, 2026	Fri	Post-Season (NYS Championship at Times Union 2/27, 2/28)	@ TBD	TBD		TBD			NL
Feb 28, 2026	Sat	Post-Season (NYS Championship at Times Union 2/27, 2/28)	@ TBD	TBD		TBD			NL

Date: 2025-12-07