



# Saratoga Springs High School

## (B) V Wrestling

### Coaches:

- Jake Zanetti, Head Coach
- Brendan Polcare, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:15 PM	5:15 PM	Wrestling Room		
Dec 4, 2024	Wed	Regular Season	Shaker High School	6:00 PM	8:55 PM	SSHS WHITE GYM		L
Dec 7, 2024	Sat	Meet (Ballston Spa Varsity Wrestling Tournament )	Vs. Multiple	TBD		Ballston Spa High School Gym	<b>Departure Time:</b> 6:30 AM	NL
Dec 12, 2024	Thu	Regular Season	@ Albany High School	6:00 PM	8:55 PM	Albany High School Gym A	<b>Departure Time:</b> 4:00 PM	L
Dec 18, 2024	Wed	Regular Season	@ Schenectady High School (Varsity Wrestling)	6:00 PM	8:55 PM	Pat Riley Sports Center-Main Gym	<b>Departure Time:</b> 4:00 PM	L
Dec 21, 2024	Sat	Regular Season (Lee Van Slyke Memorial Duals)	Canajoharie, Unatego (UVUF), Longwood @ Burnt Hills-Ballston Lake HS	8:00 AM	7:00 PM	BH-BL HS Gym	<b>Departure Time:</b> 6:30 AM	NL
Dec 21, 2024	Sat	Regular Season (Lee Van Slyke Duals at Burnt Hills)	TBD	9:00 AM		TBD	<b>Departure Time:</b> 6:30 AM	L
Dec 27, 2024	Fri	Regular Season (Windsor Varsity Tournament 12/27, 12/28)	@ Windsor	10:00 AM		Windsor High School		NL
Dec 28, 2024	Sat	Regular Season (Holiday Wrestling Tournament)	Hadley-Luzerne @ Queensbury	9:00 AM		Queensbury HS, Blue Gym		NL
Jan 4, 2025	Sat	Regular Season (Saratoga Invitational 7:30am Weigh-Ins)	Ballston Spa High School, Canajoharie, Corinth (Mountaineers), General Brown, Queensbury, Windsor, Northern Adirondack, South Glens Falls, Averill Park High School, Norwich, Mohonasen, TBD, Valley Central, Lansingburgh, Mahopac, Galway, Malone, Putnam Valley, Massena, Gouverneur	9:00 AM		Saratoga Springs High School		NL
Jan 8, 2025	Wed	Regular Season	Colonie High School	6:00 PM	8:55 PM	SSHS WHITE GYM		L
Jan 10, 2025	Fri	Regular Season (Eastern State Classic)	@ TBD	TBD		TBD		NL
Jan 15, 2025	Wed	Regular Season	@ Shenendehowa High School	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)	<b>Departure Time:</b> 4:00 PM	L
Jan 16, 2025	Thu	Regular Season	Christian Brothers Academy, Albany	6:00 PM	8:55 PM	SSHS WHITE GYM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 18, 2025	Sat	Regular Season (Schenectady Invitational)	Shenendehowa High School, Burnt Hills-Ballston Lake HS, Amsterdam (Amsterdam), Ballston Spa High School @ Schenectady High School (Varsity Wrestling)	9:00 AM	8:00 PM	Pat Riley Sports Center-Main Gym	<b>Departure Time:</b> 6:30 AM	L
Jan 21, 2025	Tue	Post-Season (Section 2 Duals)	Ballston Spa High School, Amsterdam (Amsterdam), Broadalbin-Perth, Shenendehowa High School, Christian Brothers Academy, Albany	4:30 PM	9:00 PM	Saratoga Springs High School		NL
Jan 22, 2025	Wed	Regular Season	TBD	6:00 PM		SSHS WHITE GYM		L
Jan 24, 2025	Fri	Regular Season (Battle at the BURG)	@ Lansingburgh	TBD		TBD		NL
Jan 30, 2025	Thu	Regular Season 49-17 W	@ Averill Park High School	6:00 PM	8:55 PM	APHS Main Gymnasium		NL
Feb 1, 2025	Sat	Post-Season (NYSPHSAA DUAL MEET Championships)	@ TBD	TBD		Onondaga Community College - SRC Arena		NL
Feb 8, 2025	Sat	Post-Season (Class A Sectionals )	Colonie High School, Bethlehem High School, Shenendehowa High School, Shaker High School, Guilderland High School, Albany High School, Schenectady High School (Varsity Wrestling) @ Niskayuna High School	10:00 AM		NHS NEW GYM		NL
Feb 16, 2025	Sun	Post-Season (Section 2 Tournament @ Guilderland HS)	@ TBD	9:30 AM		TBD	<b>Departure Time:</b> 6:30 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 16, 2025	Sun	Regular Season	Schenectady High School (Varsity Wrestling), Shenendehowa High School, Albany High School, Shaker High School, Colonie High School, Broadalbin-Perth, Niskayuna High School, Bethlehem High School, Ballston Spa High School, Columbia High School, Mohonasen, South Glens Falls, Queensbury, Burnt Hills-Ballston Lake HS, Averill Park High School, Christian Brothers Academy, Albany @ Guilderland High School	2:00 PM	8:00 PM	Guilderland High School West (Big) Gym		L
Feb 28, 2025	Fri	Post-Season (NYSPHSAA Championships)	@ TBD	TBD		MVP Arena		NL

Date: 2025-12-05