



Saratoga Springs High School

(B) V Wrestling

Coaches:

- Jake Zanetti, Head Coach
- Brendan Polcare, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 30, 2022	Wed	Regular Season 63-6 W	Bethlehem High School	6:00 PM		SSHS WHITE GYM		NL
Dec 7, 2022	Wed	Regular Season 30-34 L	@ Burnt Hills-Ballston Lake HS	6:00 PM		BH-BL HS Gym	Departure Point: High School Departure Time: 4:15 PM	NL
Dec 10, 2022	Sat	Regular Season (Wrangle in the Plains)	Hudson Falls, Burnt Hills-Ballston Lake HS, Colonie High School, Guilderland High School @ Shenendehowa High School	10:00 AM		Impact Athletic Center	Departure Point: High School Departure Time: 6:15 AM	L
Dec 14, 2022	Wed	Regular Season 48-22 W	@ Averill Park High School	6:00 PM	8:55 PM	APHS Main Gymnasium	Departure Point: High School Departure Time: 4:00 PM	L
Dec 17, 2022	Sat	Regular Season (Lee Van Slyke Mem. Tourney)	Shenendehowa High School, Central Valley Academy @ Burnt Hills-Ballston Lake HS	9:00 AM		BH-BL HS Gym	Departure Point: High School Departure Time: 6:15 AM	NL
Dec 21, 2022	Wed	Regular Season 66-4 W	Guilderland High School	6:00 PM	8:00 PM	SSHS WHITE GYM		L
Dec 28, 2022	Wed	Regular Season (Christmas Tournament December 28th and Thursday December 29th)	Spencer-Van Etten (SVEC Eagles) @ Windsor	8:00 AM		Windsor High School	Departure Point: High School Departure Time: 6:30 AM	L
Dec 29, 2022	Thu	Regular Season (Day 2 Christmas Tournament)	Corning-Painted Post @ Windsor	7:30 AM		Windsor High School	Departure Point: High School Departure Time: 6:30 AM	L
Jan 4, 2023	Wed	Regular Season	@ Niskayuna High School	6:00 PM	8:55 PM	Niskayuna High School	Departure Point: High School Departure Time: 4:15 PM	L
Jan 7, 2023	Sat	Regular Season (Saratoga Invitational)	Shenendehowa High School, Ballston Spa High School, Shaker High School, South Lewis, General Brown, Scotia-Glenville	9:30 AM		SSHS BLUE GYM		NL
Jan 7, 2023	Sat	Regular Season (Saratoga Varsity Tournament)	Queensbury	TBD		Saratoga Springs High School		L
Jan 11, 2023	Wed	Regular Season	Shaker High School	6:00 PM	8:55 PM	SSHS WHITE GYM		L

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Jan 14, 2023	Sat	Regular Season (Schenectady Invitational)	Johnstown (Fonda/Johnstown), Amsterdam (Amsterdam), Shenendehowa High School, Ballston Spa High School, Shaker High School, Niskayuna High School, Colonie High School, Greenville, Hadley-Luzerne, Guilderland High School @ Schenectady High School (Varsity Wrestling)	8:00 AM		Pat Riley Sports Center-Main Gym		L
Jan 17, 2023	Tue	Post-Season (Dual Meet Championships)	Burnt Hills-Ballston Lake HS, Shenendehowa High School @ Ballston Spa High School	6:00 PM		Ballston Spa High School Gym	Departure Point: High School Departure Time: 4:15 PM	L
Jan 17, 2023	Tue	Regular Season (Section 2 Duals)	@ TBD	TBD		Ballston Spa High School Gym	Departure Point: High School Departure Time: 4:15 PM	L
Jan 18, 2023	Wed	Regular Season 49-18 W	@ Colonie High School	6:00 PM	8:55 PM	Colonie High School PIT (Secondary Gymnasium)	Departure Point: High School Departure Time: 4:15 PM	L
Jan 21, 2023	Sat	Meet (King Bison Invitational)	Vs. Multiple	9:00 AM		Shaker High School- H Gym	Departure Point: High School Departure Time: 6:15 AM	NL
Jan 26, 2023	Thu	Regular Season	Shenendehowa High School	7:00 PM	9:55 PM	SSHS BLUE GYM		L
CANCELLED Jan 28, 2023	Sat	Post-Season (NYS Dual Meet Championship)	@ TBD	TBD		TBD	Departure Point: High School	L
Feb 4, 2023	Sat	Regular Season (CLASS A TOURNAMENT)	@ Guilderland High School	TBD		Guilderland High School West (Big) Gym		L
Feb 11, 2023	Sat	Post-Season (Section 2 Tournament (Div I and II))	@ TBD	TBD		Cool Insuring Arena	Departure Point: High School Departure Time: 6:45 AM	L
Feb 24, 2023	Fri	Post-Season (NYS Championships (Div I and II))	@ TBD	TBD		MVP Arena	Departure Point: High School	L
Feb 25, 2023	Sat	Post-Season (NYS Championships (Div I and II))	@ TBD	TBD		MVP Arena	Departure Point: High School	L

Date: 2025-12-17