



Saratoga Springs High School

(B) V Wrestling

Coaches:

- Jake Zanetti, Head Coach
- Brendan Polcare, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:15 PM	5:15 PM	Wrestling Room		
Dec 4, 2024	Wed	Regular Season	Shaker High School	6:00 PM	8:55 PM	SSHS WHITE GYM		L
Dec 21, 2024	Sat	Regular Season (Lee Van Slyke Duals at Burnt Hills)	TBD	9:00 AM		TBD	Departure Time: 6:30 AM	L
Jan 4, 2025	Sat	Regular Season (Saratoga Invitational 7:30am Weigh-Ins)	Ballston Spa High School, Canajoharie, Corinth (Mountaineers), General Brown, Queensbury, Windsor, Northern Adirondack, South Glens Falls, Averill Park High School, Norwich, Mohonasen, TBD, Valley Central, Lansingburgh, Mahopac, Galway, Malone, Putnam Valley, Massena, Gouverneur	9:00 AM		Saratoga Springs High School		NL
Jan 8, 2025	Wed	Regular Season	Colonie High School	6:00 PM	8:55 PM	SSHS WHITE GYM		L
Jan 16, 2025	Thu	Regular Season	Christian Brothers Academy, Albany	6:00 PM	8:55 PM	SSHS WHITE GYM		L
Jan 22, 2025	Wed	Regular Season	TBD	6:00 PM		SSHS WHITE GYM		L

Date: 2024-12-14