## Saratoga Springs High School (B) V Winter Track

## Coaches:

- Christopher Conley, Head Coach
- Shane Zanetti, Asst Coach

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS | START<br>TIME | END<br>TIME | LOCATION                               | DEPARTURE                         | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|-----------|---------------|-------------|--|-----------------------------------|--|----------------------------|
| Dec 3, 2022  | Sat         | Regular Season<br>(League Meet<br>#1F)  | @ TBD     | 8:00<br>AM    |             | Union<br>College                       |                                   | Departure Point:<br>High School<br>Departure Time:<br>6:15 AM  | L                          |
| Dec 11, 2022 | Sun         | Regular Season<br>(League Meet<br>#2C)  | @ TBD     | 8:00<br>AM    |             | Union<br>College                       |                                   | Departure Point:<br>High School<br>Departure Time:<br>6:15 AM  | L                          |
| Dec 17, 2022 | Sat         | Regular Season<br>(League Meet<br>#3A)  | @ TBD     | 8:00<br>AM    |             | Union<br>College                       |                                   | Departure Point:<br>High School<br>Departure Time:<br>6:15 AM  | L                          |
| Dec 17, 2022 | Sat         | Regular Season<br>(Energice Hall of<br>Fame)                                    | @ TBD     | TBD           |             | NYC<br>Armory                          |                                   | Departure Point:<br>High School  | NL                         |
| Dec 28, 2022 | Wed         | Regular Season<br>(Utica Challenge)   | @ TBD     | 11:45<br>AM   | 6:00<br>PM  | Utica<br>College                       | Bus/Driver:<br>School Bus         | Departure Point:<br>High School<br>Departure Time:<br>11:00 AM<br>Return Date:<br>Return Time:<br>10:00 PM | NL                         |
| Dec 29, 2022 | Thu         | Regular Season<br>(League Meet<br>#4B)  | @ TBD     | 1:45<br>PM    | 7:15<br>PM  | Union<br>College                       |                                   | Departure Point:<br>High School<br>Departure Time:<br>12:15 PM   | L                          |
| Jan 6, 2023  | Fri         | Regular Season<br>(Freedom Games)   | @ TBD     | TBD           |             | Ocean<br>Breeze<br>Athletic<br>Complex |                                   | Departure Point:<br>High School<br>Departure Date:<br>Jan 6, 2023  | NL                         |
| Jan 7, 2023  | Sat         | Regular Season<br>(League Meet<br>#5B)  | @ TBD     | 1:45<br>PM    | 7:15<br>PM  | Union<br>College                       |                                   | Departure Point:<br>High School<br>Departure Time:<br>12:15 PM   | L                          |
| Jan 20, 2023 | Fri         | Regular Season<br>(New Balance<br>Games)  | @ TBD     | TBD           |             | NYC<br>Armory                          | Bus/Driver:<br>Upstate<br>Charter | Departure Point:<br>High School<br>Departure Date:<br>Jan 20, 2023   | NL                         |
| Jan 21, 2023 | Sat         | Regular Season<br>(Suburban<br>Council Varsity<br>and Frosh<br>Championships)   | @ TBD     | 1:45<br>PM    |             | Union<br>College                       |                                   | Departure Point:<br>High School<br>Departure Time:<br>12:15 PM   | L                          |
| Jan 22, 2023 | Sun         | Regular Season<br>(Suburban<br>Council Weight<br>and Shot Put<br>Championships) | @ TBD     | TBD           |             | Koda<br>Middle<br>School<br>White Gym  |                                   | <b>Departure Point:</b><br>High School   | L                          |
| Jan 29, 2023 | Sun         | Regular Season<br>(Section 2<br>Championships)                                  | @ TBD     | 8:00<br>AM    | 2:00<br>PM  | Union<br>College                       |                                   | Departure Point:<br>High School<br>Departure Time:<br>6:15 AM  | L                          |
| Feb 4, 2023  | Sat         | Regular Season<br>(Sectional Throw<br>Championships)                            | @ TBD     | 8:30<br>AM    |             | Koda<br>Middle<br>School<br>White Gym  |                                   | Departure Point:<br>High School<br>Departure Time:<br>7:15 AM  | L                          |

| DATE         | WEEK<br>DAY | ТҮРЕ   | OPPONENTS | START<br>TIME | END<br>TIME | LOCATION                                 | DEPARTURE                         | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|--|-----------|---------------|-------------|--|-----------------------------------|--|----------------------------|
| Feb 5, 2023  | Sun         | Regular Season<br>(Section 2 State<br>Qualifiers)            | @ TBD     | 2:30<br>PM    | 8:00<br>PM  | Hudson<br>Valley<br>Community<br>College |                                   | Departure Point:<br>High School<br>Departure Time:<br>1:00 PM      | L                          |
| Feb 7, 2023  | Tue         | Regular Season<br>(State Qualifier<br>throws<br>competition) | @ TBD     | 4:45<br>PM    | 9:00<br>PM  | Koda<br>Middle<br>School<br>White Gym    |                                   | Departure Point:<br>High School<br>Departure Time:<br>3:15 PM      | L                          |
| Feb 8, 2023  | Wed         | Regular Season<br>(State Qualifier<br>throws<br>competition) | @ TBD     | 4:45<br>PM    | 9:00<br>PM  | Koda<br>Middle<br>School<br>White Gym    |                                   | Departure Point:<br>High School<br>Departure Time:<br>3:15 PM      | L                          |
| Feb 16, 2023 | Thu         | Regular Season<br>(Garden State HS<br>Invitational)          | @ TBD     | TBD           |             | Ocean<br>Breeze<br>Athletic<br>Complex   | Bus/Driver:<br>Upstate<br>Charter | Departure Point:<br>High School<br>Departure Date:<br>Feb 16, 2023 | NL                         |
| Mar 3, 2023  | Fri         | Regular Season<br>(NYS Track &<br>Field<br>Championships)    | @ TBD     | TBD           |             | Ocean<br>Breeze<br>Athletic<br>Complex   |                                   | Departure Point:<br>High School<br>Departure Date:<br>Mar 3, 2023  | NL                         |
| Mar 10, 2023 | Fri         | Regular Season<br>(New Balance<br>Indoor Nationals)          | @ TBD     | TBD           |             | New<br>Balance<br>Center in<br>Boston    |                                   | Departure Point:<br>High School<br>Departure Date:<br>Mar 10, 2023 | NL                         |

Date: 2025-12-06