



# Saratoga Springs High School

## (G) F Volleyball

### Coaches:

- Maria Emanuele

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	7:45 AM	10:30 AM	SSHS BLUE GYM		
Aug 22, 2023	Tue	Practice	N/A	7:45 AM	10:30 AM	SSHS BLUE GYM		
Aug 23, 2023	Wed	Practice	N/A	7:45 AM	10:30 AM	SSHS BLUE GYM		
Aug 24, 2023	Thu	Practice	N/A	7:45 AM	10:30 AM	SSHS BLUE GYM		
Aug 25, 2023	Fri	Practice	N/A	7:45 AM	10:30 AM	SSHS BLUE GYM		
Aug 31, 2023	Thu	Regular Season	@ Shaker High School	11:00 AM	12:25 PM	Shaker High School- H Gym	<b>Departure Time:</b> 10:00 AM	L
Sep 5, 2023	Tue	Regular Season	Shenendehowa High School	4:15 PM	5:40 PM	Maple Avenue Middle School		L
Sep 7, 2023	Thu	Regular Season	@ Bethlehem High School	4:15 PM	5:40 PM	High School Gym C	<b>Departure Time:</b> 2:45 PM	L
Sep 12, 2023	Tue	Regular Season	Ballston Spa High School	4:15 PM	5:45 PM	Maple Avenue Middle School		L
Sep 14, 2023	Thu	Regular Season	@ Columbia High School	4:15 PM	5:40 PM	Columbia H.S.	<b>Departure Time:</b> 2:45 PM	L
Sep 19, 2023	Tue	Regular Season	Albany High School	4:15 PM	5:40 PM	Maple Avenue Middle School		L
Sep 26, 2023	Tue	Regular Season	Niskayuna High School	4:15 PM	5:40 PM	Maple Avenue Middle School		L
Sep 28, 2023	Thu	Regular Season	@ Burnt Hills-Ballston Lake HS	4:15 PM	5:40 PM	BH-BL HS Gym	<b>Departure Time:</b> 3:00 PM	L
Oct 3, 2023	Tue	Regular Season	Shaker High School	5:45 PM	6:15 PM	Maple Avenue Middle School		L
Oct 5, 2023	Thu	Regular Season	@ Shenendehowa High School	4:15 PM	5:40 PM	Koda Middle School White Gym	<b>Departure Time:</b> 3:00 PM	L
Oct 10, 2023	Tue	Regular Season	Bethlehem High School	5:45 PM	6:15 PM	Maple Avenue Middle School		L
Oct 12, 2023	Thu	Regular Season	@ Ballston Spa High School	4:15 PM	5:40 PM	Middle School Gym	<b>Departure Time:</b> 3:00 PM	L
Oct 17, 2023	Tue	Regular Season	Columbia High School	5:45 PM	6:15 PM	Maple Avenue Middle School		L
Oct 19, 2023	Thu	Regular Season	@ Albany High School	4:15 PM	5:40 PM	Albany High School Gym A	<b>Departure Time:</b> 2:45 PM	L
Oct 24, 2023	Tue	Regular Season	Schenectady High School	5:45 PM	6:15 PM	Maple Avenue Middle School		L
Oct 26, 2023	Thu	Regular Season	@ Niskayuna High School	4:15 PM	5:40 PM	Niskayuna High School	<b>Departure Time:</b> 3:00 PM	L
Oct 30, 2023	Mon	Regular Season	Burnt Hills-Ballston Lake HS	4:15 PM	5:40 PM	Maple Avenue Middle School		L

Date: 2025-12-05