



Saratoga Springs High School

(G) V Volleyball

Coaches:

- Maura O'Connell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	7:45 AM	10:30 AM	SSHS BLUE GYM		
Aug 22, 2023	Tue	Practice	N/A	7:45 AM	10:30 AM	SSHS BLUE GYM		
Aug 23, 2023	Wed	Practice	N/A	7:45 AM	10:30 AM	SSHS BLUE GYM		
Aug 24, 2023	Thu	Practice	N/A	7:45 AM	10:30 AM	SSHS BLUE GYM		
Aug 25, 2023	Fri	Practice	N/A	7:45 AM	10:30 AM	SSHS BLUE GYM		
Aug 26, 2023	Sat	Practice	N/A	8:00 AM	11:00 AM	SSHS BLUE GYM		
Aug 30, 2023	Wed	Scrimmage	Lake George @ South Glens Falls	8:00 AM		SGFHS - Blue Gymnasium	Departure Time: 8:00 AM	L
Sep 1, 2023	Fri	Regular Season 1-3 L	Burnt Hills-Ballston Lake HS	12:30 PM	2:25 PM	Saratoga Springs High School		L
Sep 2, 2023	Sat	Practice	N/A	8:00 AM	11:00 AM	SSHS BLUE GYM		
Sep 5, 2023	Tue	Regular Season 3-0 W	@ Averill Park High School	5:45 PM	7:40 PM	APHS Main Gymnasium	Departure Time: 2:45 PM	L
Sep 7, 2023	Thu	Regular Season 3-0 W	@ Albany High School	5:45 PM	7:40 PM	Albany High School Gym A	Departure Time: 2:45 PM	L
Sep 9, 2023	Sat	Practice	N/A	8:00 AM	11:00 AM	SSHS BLUE GYM		
Sep 12, 2023	Tue	Regular Season 3-2 W	Columbia High School	5:45 PM	7:40 PM	Saratoga Springs High School		L
Sep 14, 2023	Thu	Regular Season 0-3 L	@ Shenendehowa High School	5:45 PM	7:40 PM	Shen High School East Gym 1 (Main)	Departure Time: 3:00 PM	L
Sep 23, 2023	Sat	Regular Season (Trimatch) 3-0 W	@ Queensbury	9:00 AM		Queensbury HS, Blue Gym		NL
Sep 23, 2023	Sat	Regular Season (Tri - Match) 3-0 W	@ LaSalle Institute	6:00 PM		TBD		NL
Sep 26, 2023	Tue	Regular Season 3-1 W	@ Shaker High School	5:45 PM	7:40 PM	Shaker High School- H Gym	Departure Time: 3:00 PM	L
Sep 27, 2023	Wed	Regular Season (SSHS at Galway 6pm) 3-2 W	@ TBD	6:00 PM		TBD		NL
Sep 28, 2023	Thu	Regular Season 3-2 W	@ Ballston Spa High School	3:30 PM		Ballston Spa High School Gym	Departure Time: 3:00 PM	L
Oct 2, 2023	Mon	Regular Season 3-0 W	Colonie High School	5:45 PM	7:40 PM	Saratoga Springs High School		L
Oct 3, 2023	Tue	Regular Season 3-2 W	Guilderland High School	5:45 PM	7:40 PM	Saratoga Springs High School		L
Oct 5, 2023	Thu	Regular Season 3-0 W	@ Schenectady High School	5:45 PM	7:40 PM	Pat Riley Sports Center- Main Gym	Departure Time: 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 7, 2023	Sat	Regular Season (POP Tournament)	Fort Edward, Schuylerville, Schenectady High School, Hudson Falls, Broadalbin-Perth, Scotia-Glenville, Ballston Spa High School @ Queensbury	8:00 AM	4:00 PM	Queensbury HS, Queensbury MS, RFI Gym, Queensbury 4/5 Gym, Queensbury Elem. School Gym	Departure Time: 6:45 AM	L
Oct 10, 2023	Tue	Regular Season 3-1 W	Niskayuna High School	5:45 PM	7:40 PM	Saratoga Springs High School		L
Oct 11, 2023	Wed	Regular Season 3-1 W	@ Broadalbin-Perth	6:00 PM		Robert C. Munn Gymnasium at Broadalbin-Perth High School	Departure Time: 3:15 PM	NL
Oct 12, 2023	Thu	Regular Season 2-3 L	@ Bethlehem High School	5:45 PM	7:40 PM	High School Gym B	Departure Time: 2:45 PM	L
Oct 16, 2023	Mon	Regular Season 3-1 W	@ South Glens Falls	6:00 PM		SGFHS - Blue Gymnasium		NL
Oct 19, 2023	Thu	Regular Season 3-0 W	Troy	5:45 PM	7:40 PM	Saratoga Springs High School		L
Oct 25, 2023	Wed	Scrimmage (Scrimmage)	Galway	5:00 PM		Saratoga Springs High School		NL
Nov 1, 2023	Wed	Post-Season (Sectionals @ South Glens Falls) 3-0 W	Shaker High School	5:00 PM		South Glens Falls High School	Departure Time: 3:30 PM	L
Nov 4, 2023	Sat	Post-Season (Sectional Finals) 0-3 L	@ Shenendehowa High School	3:00 PM	6:00 PM	Saratoga Springs High School		L

Date: 2025-12-05