

## Coaches:

Robert DiFusco

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 18, 2025	Mon	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 19, 2025	Tue	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 20, 2025	Wed	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 21, 2025	Thu	Practice	N/A	10:30 AM		SSHS BLUE GYM			
Aug 22, 2025	Fri	Practice	N/A	10:30 AM		SSHS BLUE GYM			
Aug 25, 2025	Mon	Practice	N/A	10:30 AM		SSHS BLUE GYM			
Aug 26, 2025	Tue	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 27, 2025	Wed	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 28, 2025	Thu	Practice	N/A	10:30 AM		SSHS BLUE GYM			
Aug 29, 2025	Fri	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Sep 2, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM			
Sep 3, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM			
Sep 4, 2025	Thu	Practice	N/A	3:00 PM		SSHS BLUE GYM			
Sep 5, 2025	Fri	Regular Season	Niskayuna High School	4:15 PM	5:40 PM	Saratoga Springs High School			L
Sep 8, 2025	Mon	Regular Season	@ Shaker High School	4:15 PM	5:40 PM	Shaker High School- H Gym	Bus/Driver: 16	<b>Departure Time:</b> 2:50 PM	L
Sep 10, 2025	Wed	Regular Season	Schenectady High School	4:15 PM	5:40 PM	Saratoga Springs High School			L
Sep 12, 2025	Fri	Regular Season	Guilderland High School	4:15 PM	5:40 PM	Saratoga Springs High School			L
Sep 17, 2025	Wed	Regular Season	@ Bethlehem High School	4:15 PM	5:40 PM	High School Gym B	Bus/Driver: 16	<b>Departure Time:</b> 2:50 PM	L
Sep 19, 2025	Fri	Regular Season	Columbia High School	4:15 PM	5:40 PM	Saratoga Springs High School			L
Sep 20, 2025	Sat	Meet (SSC Mid Season Tournament)	Vs. Multiple	9:00 AM		BH-BL HS Gym	Bus/Driver: 16	<b>Departure Time:</b> 7:00 AM	NL
Sep 24, 2025	Wed	Regular Season	@ Colonie High School	4:15 PM	5:40 PM	Colonie High School MUG (Main Gymnasium)	Bus/Driver: 16	Departure Time: 2:50 PM	L
Sep 29, 2025	Mon	Regular Season	Burnt Hills- Ballston Lake HS	4:15 PM	5:40 PM	Saratoga Springs High School			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 3, 2025	Fri	Regular Season	@ Shenendehowa High School	4:15 PM	5:40 PM	Shen High School East Gym 1 (Main)	Bus/Driver: 16	<b>Departure Time:</b> 2:50 PM	L <sub>.</sub>
Oct 6, 2025	Mon	Regular Season	@ Niskayuna High School	4:15 PM	5:40 PM	NHS NEW GYM	Bus/Driver: 16	<b>Departure Time:</b> 2:50 PM	L
Oct 8, 2025	Wed	Regular Season	@ Schenectady High School	4:15 PM	5:40 PM	Pat Riley Sports Center- Main Gym	Bus/Driver: 16	<b>Departure Time:</b> 2:50 PM	L
Oct 10, 2025	Fri	Regular Season	@ Guilderland High School	4:15 PM	5:40 PM	Guilderland High School West (Big) Gym	Bus/Driver: 16	<b>Departure Time:</b> 2:50 PM	L
Oct 15, 2025	Wed	Regular Season	Bethlehem High School	4:15 PM	5:40 PM	Saratoga Springs High School			L
Oct 17, 2025	Fri	Regular Season	@ Columbia High School	4:15 PM	5:40 PM	Columbia H.S.	Bus/Driver: 16	<b>Departure Time:</b> 2:50 PM	L
Oct 22, 2025	Wed	Regular Season	Colonie High School	4:15 PM	5:40 PM	Saratoga Springs High School			L
Oct 24, 2025	Fri	Regular Season	Shaker High School	4:15 PM	5:40 PM	Saratoga Springs High School			L
Oct 27, 2025	Mon	Regular Season	@ Burnt Hills- Ballston Lake HS	4:15 PM		BH-BL HS Gym	Bus/Driver: 16	<b>Departure Time:</b> 2:50 PM	L
Nov 1, 2025	Sat	Meet (SSC End of Season Tournament)	Vs. Multiple	9:00 AM	2:55 PM	Guilderland High School West (Big) Gym	Bus/Driver: 16	<b>Departure Time:</b> 7:15 AM	NL

Date: 2025-12-05