

Coaches:

Robert DiFusco

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|-------------------------------------|---------------|-------------|--|---|----------------------------|
| Aug 26, 2024 | Mon | Practice | N/A | 10:30 AM | 12:30 PM | SSHS BLUE GYM | | |
| Aug 27, 2024 | Tue | Practice | N/A | 10:30 AM | 12:30 PM | SSHS BLUE GYM | | |
| Aug 28, 2024 | Wed | Practice | N/A | 10:30 AM | 12:30 PM | SSHS BLUE GYM | | |
| Aug 29, 2024 | Thu | Practice | N/A | 10:30 AM | 12:30 PM | SSHS BLUE GYM | | |
| Aug 30, 2024 | Fri | Practice | N/A | 10:30 AM | 12:30 PM | SSHS BLUE GYM | | |
| Sep 9, 2024 | Mon | Regular Season | Shaker High School | 4:15 PM | 5:40 PM | Saratoga Springs High School | | L |
| Sep 13, 2024 | Fri | Regular Season | Shenendehowa High School | 4:15 PM | | Saratoga Springs High School | | L |
| Sep 16, 2024 | Mon | Regular Season | @ Columbia High School | 4:15 PM | 5:40 PM | Columbia H.S. | Departure Point: High School with Varsity Departure Time: 2:45 PM | L |
| Sep 18, 2024 | Wed | Regular Season | Burnt Hills- Ballston Lake HS | 4:15 PM | 5:40 PM | Saratoga Springs High School | | L |
| Sep 20, 2024 | Fri | Regular Season | Colonie High School | 4:15 PM | 5:45 PM | Saratoga Springs High School | | L |
| Sep 21, 2024 | Sat | Meet (SSC Mid Season Tournament) | Vs. Multiple | 9:00 AM | 2:55 PM | High School Gym B | Departure Point: High School Departure Time: 7:00 AM | NL |
| Sep 23, 2024 | Mon | Regular Season | Bethlehem High School | 4:15 PM | 5:40 PM | Saratoga Springs High School | | L |
| Sep 27, 2024 | Fri | Regular Season | @ Guilderland High School | 6:30 PM | 8:00 PM | Guilderland High School West (Big) Gym | Departure Point: High School with Varsity Departure Time: 2:45 PM | L |
| Oct 4, 2024 | Fri | Regular Season | @ Niskayuna High School | 4:15 PM | 5:40 PM | Niskayuna High School | Departure Point: High School with Varsity Departure Time: 2:45 PM | L |
| Oct 7, 2024 | Mon | Regular Season | @ Shaker High School | 4:15 PM | 5:40 PM | Shaker High School- H Gym | Departure Point: High School with Varsity Departure Time: 2:45 PM | L |
| Oct 16, 2024 | Wed | Regular Season | @ Shenendehowa High School | 4:15 PM | 5:40 PM | Shen High School East Gym 1 (Main) | Departure Point: High School with Varsity Departure Time: 2:45 PM | L |
| Oct 18, 2024 | Fri | Regular Season | Niskayuna High School | 4:15 PM | 5:40 PM | Saratoga Springs High School | | L |

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|---------------------------|------|---|---------------------------------------|---------------|-------------|---|---|----------------------------|
| Oct 21, 2024 | Mon | Regular Season | @ Burnt Hills- Ballston Lake HS | 4:15 PM | 5:40 PM | BH-BL HS Gym | Departure Point: High School with Varsity Departure Time: 2:45 PM | L |
| Oct 23, 2024 | Wed | Regular Season | @ Colonie High School | 6:15 PM | 7:40 PM | Colonie High School PIT (Secondary Gymnasium) | Departure Point: High School with Varsity Departure Time: 2:45 PM | L |
| Oct 26, 2024 | Sat | Regular Season | Columbia High School | 10:00 AM | 5:40 PM | Saratoga Springs High School | | L |
| Oct 28, 2024 | Mon | Regular Season | Guilderland High School | 4:15 PM | 5:40 PM | Saratoga Springs High School | | L |
| CANCELLED Oct 31, 2024 | Thu | Regular Season | @ Bethlehem High School | 4:15 PM | 5:40 PM | High School Gym B | Departure Point: High School Departure Time: 2:45 PM | L |
| Nov 2, 2024 | Sat | Meet (SSC End of Season Tournament) | Vs. Multiple | 9:00 AM | 2:55 PM | Columbia H.S. | Departure Point: High School Departure Time: 7:00 AM | NL |

Date: 2025-12-05