

## Coaches:

• David Brown, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 18, 2025	Mon	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 19, 2025	Tue	Practice	N/A	10:30 AM		SSHS BLUE GYM			
Aug 20, 2025	Wed	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 21, 2025	Thu	Practice	N/A	10:30 AM		SSHS BLUE GYM			
Aug 22, 2025	Fri	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 25, 2025	Mon	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 26, 2025	Tue	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 27, 2025	Wed	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Aug 28, 2025	Thu	Scrimmage (Preseason Scrimmage Day)	Niskayuna High School, Shaker High School @ Shenendehowa High School	9:00 AM	5:00 PM	Shen High School East Gym 1 (Main)	Bus/Driver: 14		L
Aug 29, 2025	Fri	Practice	N/A	10:30 AM	1:30 PM	SSHS BLUE GYM			
Sep 2, 2025	Tue	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM			
Sep 3, 2025	Wed	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM			
Sep 4, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	SSHS BLUE GYM			
Sep 5, 2025	Fri	Regular Season 3-2 W	Niskayuna High School	5:45 PM	7:40 PM	Saratoga Springs High School			L
Sep 8, 2025	Mon	Regular Season 0-3 L	@ Shaker High School	5:45 PM	7:40 PM	Shaker High School- H Gym	Bus/Driver: 14	<b>Departure Time:</b> 2:50 PM	L
Sep 10, 2025	Wed	Regular Season 3-0 W	Christian Brothers Academy, Albany	5:45 PM	7:40 PM	Saratoga Springs High School			L
Sep 12, 2025	Fri	Regular Season 3-0 W	Guilderland High School	5:45 PM	7:40 PM	Saratoga Springs High School			L
Sep 17, 2025	Wed	Regular Season 3-2 W	@ Bethlehem High School	5:45 PM		High School Gym B	Bus/Driver: 14	<b>Departure Time:</b> 2:50 PM	L
Sep 19, 2025	Fri	Regular Season 0-3 L	Columbia High School	5:45 PM	7:40 PM	Saratoga Springs High School			L
Sep 24, 2025	Wed	Regular Season 0-3 L	@ Colonie High School	5:45 PM	7:40 PM	Colonie High School MUG (Main Gymnasium)		Departure Time: 2:50 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 27, 2025	Sat	Regular Season (Tournament)	Shenendehowa High School, Bethlehem High School, Shaker High School, Niskayuna High School @ Burnt Hills-Ballston Lake HS	8:00 AM		BH-BL HS Gym	Bus/Driver: 14	<b>Departure Time:</b> 7:30 AM	NL
Sep 29, 2025	Mon	Regular Season 0-3 L	Burnt Hills- Ballston Lake HS	5:45 PM	7:40 PM	Saratoga Springs High School			L
Oct 3, 2025	Fri	Regular Season 0-3 L	@ Shenendehowa High School	5:45 PM	7:40 PM	Shen High School East Gym 1 (Main)	Bus/Driver: 14	<b>Departure Time:</b> 2:50 PM	L
Oct 6, 2025	Mon	Regular Season 1-3 L	@ Niskayuna High School	5:45 PM	7:40 PM	NHS NEW GYM	Bus/Driver: 14	<b>Departure Time:</b> 2:50 PM	L
Oct 8, 2025	Wed	Regular Season 3-0 W	@ Christian Brothers Academy, Albany	4:15 PM	6:10 PM	Ned McGraw Gymnasium		<b>Departure Time:</b> 2:50 PM	L
Oct 10, 2025	Fri	Regular Season 3-0 W	@ Guilderland High School	5:45 PM	7:40 PM	Guilderland High School West (Big) Gym	Bus/Driver: 14	<b>Departure Time:</b> 2:50 PM	L
Oct 15, 2025	Wed	Regular Season 0-3 L	Bethlehem High School	5:45 PM	7:40 PM	Saratoga Springs High School			L
Oct 17, 2025	Fri	Regular Season 1-3 L	@ Columbia High School	5:45 PM		Columbia H.S.	Bus/Driver: 14	<b>Departure Time:</b> 2:50 PM	L
Oct 22, 2025	Wed	Regular Season 1-3 L	Colonie High School	5:45 PM	7:40 PM	Saratoga Springs High School			L
Oct 24, 2025	Fri	Regular Season 0-3 L	Shaker High School	5:45 PM	7:40 PM	Saratoga Springs High School			L
Oct 25, 2025	Sat	Meet (Bethlehem Eagles Spike Out Cancer Invitational Tournament)	Vs. Multiple	7:00 AM		High School Gym B	Bus/Driver: 14	<b>Departure Time:</b> 7:00 AM	NL
Oct 27, 2025	Mon	Regular Season 0-3 L	@ Burnt Hills- Ballston Lake HS	5:45 PM		BH-BL HS Gym	Bus/Driver: 14	<b>Departure Time:</b> 2:50 PM	NL
Nov 10, 2025	Mon	Post-Season (Sectionals) 0-3 L	@ Shaker High School	5:00 PM		Shaker High School- H Gym		<b>Departure Time:</b> 3:30 PM	NL
Nov 12, 2025	Wed	Post-Season (Sectional - TBA)	TBD	TBD		Rensselaer HS			NL
Nov 14, 2025	Fri	Post-Season (Sectionals - TBA)	TBD	TBD		TBD			NL

Date: 2025-12-05